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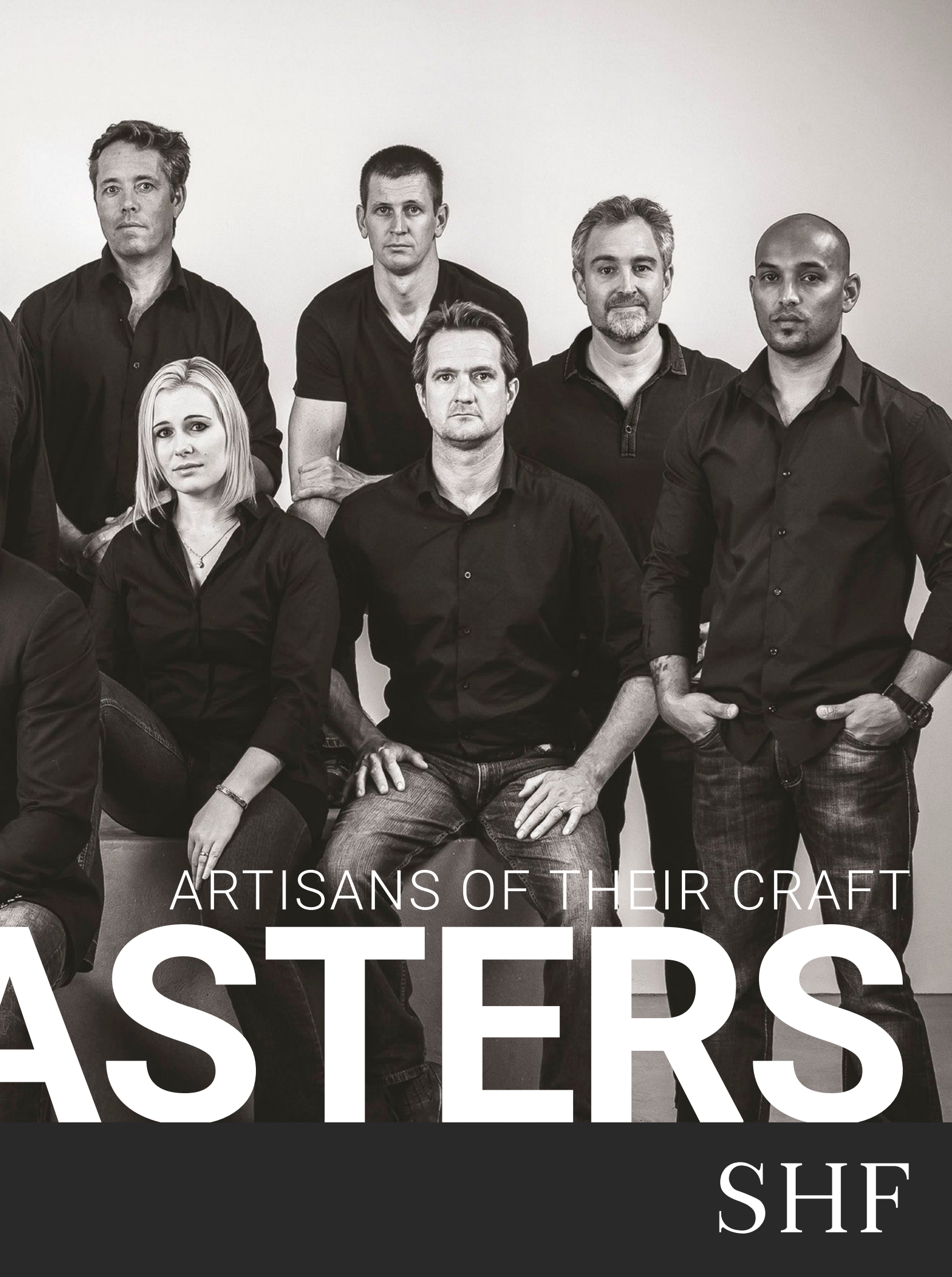
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★ ON THE COVER



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RENAISSANCE MAN

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Paul McCabe, Managing Director of SHF
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GARDEN AND HOME

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Water, WATER

Despite the fact that the rain is bucketing down as I'm writing this, dam levels aren't yet up to acceptable levels, and water restrictions are still in place in many parts of the country. But the good news is that we've all become a lot more water conscious, if dinner party conversations are anything to go by. At the last one I went to, there was lively debate on the best water-saving strategies and bucket-lifting techniques.

So I'm taking this opportunity to brag. Our water-saving campaign started with a much higher than usual water bill. We immediately started reading the meter and recording the daily usage. It was an eye-opener. A conversation with gardening journalist Alice Spenser-Higgs (read her feature on rainwater harvesting on page 106) led to the installation of a rainwater tank. They say you should always get the biggest you can accommodate, but I was rather taken aback by the size of the 5 000-litre tank that arrived (of course now I wish we had two). With a small pump and a tap connection, we were in business. All we needed was some rain to fill it.

Then water restrictions were imposed and the next step was a trip to the plastics store for buckets and basins. They don't look particularly stylish, but they work. Placing a plastic bowl in each basin means that you don't use as much water when you fill it. Water that's been used to wash hands, dishes and clothes is poured into buckets and used to flush toilets. Wide, shallow basins in the showers catch the often-wasted water before the hot comes through.

The little bit of rainwater in the tank was reserved for the veggies so the lawn turned brown and the roses didn't bloom. I know many of you were in the same boat, so you know how depressing this is. But fortunately the rains started in November, and when the tank overflowed, we were so excited we nearly threw a party. Now there's a system where the overflow from the tank goes into the spare wheelie bin. Large buckets placed under dripping gutters catch rainwater that's useful for hand washing clothes, and flexible pool cleaner pipes attached to gutters direct excess rainwater to the pool.

Initially it was all a bit tedious, but it's now second nature. The reason I'm bragging is that the water bill this month was just R17,71, a fraction of what it used to be. While I know it's unrelated, the recent rains that revived the garden felt like a reward, especially as there are predictions of more rain to come. And that *is* cause for celebration.

Mary Jane



I love the idea of furniture in a bathroom. See more ideas on page 62.



If you've got a freestanding bath, then a side table like the Sixth Floor mirror table, R1 999 from Superbalist.com, is ideal for holding toiletries. superbalist.com

Keep your garden looking gorgeous until winter with Connall Oosterbroek's selection of late summer bloomers on page 97.



Would you believe that this Franschhoek garden is just a year old? Find out how Pat and Glynda Jacobs did it on page 90.



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GREAT RENOVATIONS

We decided December was a good time to renovate our only bathroom as my husband and I would be on leave. We procrastinated, and by the 23rd my husband had had enough. I woke up to the sound of tiles being bashed off the walls. Although excited, I was concerned about having an ugly bathroom with guests arriving. About two hours later, I heard my son saying, "Mom's not going to be happy with this." The bathroom was an empty shell with the toilet, bath and basin removed! I quickly called every plumber listed, but all were closed until mid-January. My gym became my best friend and a few weeks later I had the most beautiful bathroom. As luck would have it, a few months later we bought a house with four bathrooms and all need redoing. This time, I think my husband will find a contractor and avoid December demolition.

Nicolette van der Merwe

Fixer-upper surprise

We bought an amazing property that was a true fixer-upper. We split the full bathroom downstairs between the two kids' rooms and, with two entrances, they now have convenient access.

We then set about converting another bathroom as it would be ideal for a double shower, but when we went to remove the ancient built-in bath, we discovered it was an iron ball and claw. We decided to refurbish it and it's gorgeous.

Shanon Cloete

Green INSPIRATION

After reading the January issue of *Garden and Home*, in particular the Grey Water and Keeping Chickens features, I was inspired to make more of an effort to green my tiny yard. I'm an outdoor person and just never get enough of it. A great magazine, guys. You never disappoint me.

S'fiso Ntombela

A born FAN

You know you've been a fan of *Garden and Home* forever, when you find a copy you've had for 37 years and the issue is the same month you were born in.

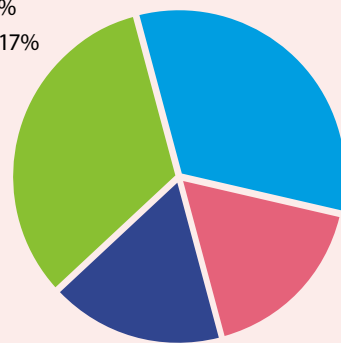
Hailey Kim Donald

If you've missed an issue, contact Ramsay Media on 0860 100 207 or 021 530 3382 to get a back copy of your favourite mag!

WE ASKED ONLINE...

What's your favourite bathroom finish?

- Concrete: 33%
- Porcelain: 33%
- Glass: 17%
- Copper: 17%



WRITE IN AND WIN

Nicolette van der Merwe has won a tablecloth with eight matching napkins, worth R1 250, from Tambeau Fabrics' newly launched Dine division. Screen printed on cotton twill, this contemporary design lends itself to a variety of occasions and settings. The range is available in grey, as featured, or blue. The Tambeau Fabrics collection is high quality, vibrant, long-lasting, and perfect for soft furnishings throughout the home. tambeau.co.za

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Home FRONT

Our pick of this month's highlights, from things to do and buy, to the latest decor news and the best places to visit



Mid-Century MOD

We fancy this Scandi-inspired two-and-a-half-seater sofa, R14 995, for its neutral palette and compact, fit-anywhere design. Soften with a couple of botanical scatters with sketched lines, R1 195 each, both from Weylandts. weylandts.co.za

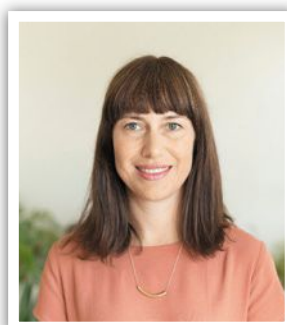


Signature Design

The new Arabesque collection from Designers Guild is a stunning combination of fabrics and wallpapers. From elegant inky scrolls and botanical studies to contemporary damasks and marble-look textures, it's a feast of digitally printed pattern. Available from March at Home Fabrics. hf.co.za

LIGHT BULB MOMENT

Add the perfect finishing touch to any living area with these string ball LED lights. Available in 12 colour combinations, they add a whimsical, textural accent, R349, for a three metre string from Room. roomsa.co.za



Blog of the Month

LANALOUSTYLE.COM Seasoned stylist Lana Kenney delivers the inside scoop on Cape Town and the broader Western Cape – from new design stores and eateries to the best getaways. Her interiors posts are a must – covetable, eclectic homes that evoke the best of SA design. Add her sure eye for fashion and a stunning layout and you're bound to be here for hours.



COMPILED BY TESS PATERSON, CANDICE BOTHA AND JO TRAPPITT
PHOTOGRAPHS SUPPLIED PRODUCTS ARE SUBJECT TO AVAILABILITY
AND PRICES WERE CHECKED AT TIME OF GOING TO PRINT. SEE PAGE 6.



ON MY WISH LIST

"I'm really drawn to sculptural, statement lighting like this industrial pendant from Weylandts. For added drama, choose a matt or glossy black finish," says Garden and Home stylist, Jo Trappitt. Acrobatic pendant, R3 995, Weylandts. weylandts.co.za



More online

To see more of Jo's favourites and shop online, visit gardenandhome.co.za



Beach BEAUTY

Add a touch of seaside serenity to your home with Isabel7's ocean-themed range of scatters and runners with their sand and foam palette and painterly style. E-mail isabel@artstudio7.net or call 082 443 7417 to order.



STEP THIS WAY

Belong Interiors' popular La Lucia Mall store is joined by a sister store at the newly-opened Pearls Mall in Umhlanga. Filled with their signature range of gorgeous furniture and accessories, it's worth a visit for the decor inspiration alone, but you're sure to find a pretty piece ideal for your home. belonginteriors.co.za



New Beginnings

There's nothing like an update of one of your favourite rooms, and often a fresh coat of paint is the simplest solution. We keep coming back to In the Mood, Plascon's Colour of the Year. Versatile and earthy, it's part of the Terrain colour story and forms a fantastic neutral background. Calming and warm, it accents beautifully with sparingly used pops of colour like Sunrise Glow. plascon.co.za ▷

Designer Floors

Van Dyck has just launched Athena – a woven vinyl flooring with a 3D texture and various colour options. High durability and comfort are the hallmark, and creatives will love the fact that you can form different visual effects, or use bright colours to define areas. Ideal for home offices and playrooms. vandyckcarpets.com



CORK IT UP

We love the contemporary feel of these unusual cork and metal coffee tables from online store Esque. Choose from a variety of colour combinations to create a statement piece for your home. From R11 300. esque.co.za



A New DYNASTY

Moaming by Pierre Frey is a versatile new collection inspired by the textile art of women living in China's Guizhou province. Indigo features prominently in this colourful range, and designs include batiks, ikats, geometrics and pleated fabrics. See the collection at Mavromac. mavromac.co.za



African ROOTS

The Zambezi Collection is a new fabric range by Halsted Design owned by Fee Halsted, founder of Ardmore Ceramic Art. Colourful and sophisticated, the five designs encompass gorgeous motifs from mischievous monkeys and strelitzias to coral trees and banana leaves. Available at Mavromac and Halsted Design. mavromac.co.za; halsteddesign.com



CRAFTY Find

If you're after quality handmade products, peek.org.za is a one-stop site for all things local. From leather bags to ceramics, the aim is to expose small creative businesses to a far wider audience. An initiative of the Cape Craft & Design Institute, this non-curated site ensures a diverse range of products and styles.

What's On

18 – 21 MARCH

Decorex Durban

Held at the Durban Exhibition Centre, KwaZulu-Natal's leading decor, design and lifestyle exhibition is the destination of choice for those wanting to turn houses into stylish homes. The exhibition offers a myriad takeaway ideas and inspiration for interior and exterior spaces right on trend with the international design scene. Tickets cost R75 (adults). reedexpoafrika.co.za/decorex

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BALANCING ACT

This KZN North Coast home is a masterclass in combining open-plan and separate spaces, expansive views with privacy, and classic and contemporary designs

The owners of this house had in mind a home featuring grand, old-world glamour with a contemporary twist. “They wanted a modern, clean design, which would maximise the views, while ensuring privacy, lots of glass and natural elements, and with emphasis on white and black,” says architect Kevin Lloyd about this house on Brettenwood Coastal Estate.

Working with the site, integrating interior and exterior spaces, and creating open-plan living areas are characteristic of the work of American architect Frank Lloyd Wright, whose work influenced this design. “Open-plan living is experienced, yet the spaces are clearly defined,” says Kevin. “This was achieved by using the pinwheel planning concept where an element or space is the focal point. In this

case it was the dining room, and as one moves through spaces, others flow out to give a sense of privacy without a need for doors.”

The owners are regular entertainers and enjoy the integration of indoors and out in their home. “We can open up all the doors to create a pavilion-like area, which encompasses our kitchen, designed by Kitchen Classics, dining room and

AT A GLANCE

THE ARCHITECT: Kevin Lloyd of Kevin Lloyd Architects.

THE CLIENTS: A couple and their two children.

THE CLIENTS' BRIEF: A modern, minimalist house with open-plan spaces integrating the outdoors and featuring lots of glass and natural elements.

THE HOUSE: A 500m² home on Brettenwood Coastal Estate with four en suite bedrooms, two living rooms, dining room, kitchen, scullery, laundry, guest loo, covered terrace, study, office, three garages and a storeroom.





undercover patio,” they explain. “In this area, we have glass sliders that disappear into the wall giving us a seamless space from which to admire the beautiful views, a big attraction of the site. It’s not often you find such a large plot in an estate, and this was ideal for our two children and dogs.”

The landscaping adds to the grand feel of the property and was a consideration from the earliest phase of the design. “We planned a front and back garden on the same level, allowing for outdoor living on either side, depending on the weather,” says Kevin. “The slope at the front, with magnificent inland views of farmland, was landscaped in terraces to give the sense of a stately home.”

Inside, the owners have kept the interiors contemporary, incorporating texture and colour against the black and white backdrop to create focal points. “We love the simplicity of the design and that we are protected from the elements and have a great sense of privacy,” they say. **GH**

SOURCES Brettenwood Coastal Estate
brettenwood.co.za **Kevin Lloyd Architects**
031 764 7535 **Kitchen Classics**
kitchenclassics.co.za

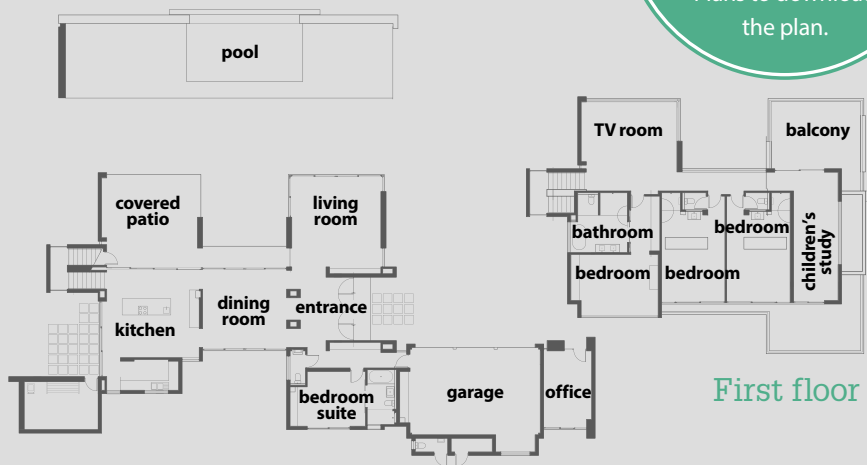


ON THE WEB

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Plans to download
the plan.

Ground floor



First floor



FIRST IMPRESSIONS

Ordinary people are the subjects of Durban artist Janine Jollands' portraits

Did you study art? I studied Fine Art at DUT and then an HDE at UKZN. I have painted and taught all my adult life. For as long as I can remember, art has been part of my existence. It's been as natural as breathing.

You've taught art for 20 years. How has this experience influenced your own work? Being in contact with amazing talent and fierce passion every day is inspirational and I'm constantly learning.

Over the years, you've painted many different subjects. How do you choose what to focus on at a particular time? I'm constantly evaluating my visual world. Certain events in my life direct me to particular subjects. I'm fascinated by people, hence the recent portrait series. In the past, the subtropical Durban climate influenced my abstract series.

What appeals to you about portrait painting? Every portrait is different, as each person has their own quality, be it serenity, determination, effervescent joy or aloofness. Each one has its own distinctive flavour to explore.

Your portraits are not completely realistic and there are elements of other styles incorporated in these works. How would you describe them? Expressionistic, less figurative, and more abstract. I love the way colour and texture are an evocative means to describe.

Colour features heavily. How do you select the palette for each portrait? Each person has their own, often linked to the way I see them. The quiet dignity of one might conjure up steely grey tonality and another's joie de vivre might dictate hot oranges and luscious pinks. It just happens.

Your paintings are large scale. Why?


I love being lost in the expanse of huge canvasses. Using broad brushes and physically engaging in the painting is an exciting dialogue.

What medium do you work in and why? I work in oil. It's forgiving, luscious, versatile and intoxicating.

Are there any artists that you admire or whose work has influenced you?

I have been inspired by many artists: Matisse and Monet for their use of colour, and Diebenkorn and Rothko for their abstraction. Penny Siopis remains my most powerful teacher. She encouraged me to be both brave and passionate about art.

How do you remain inspired? I revisit the old masters and research new, developing artists.

Do you have a favourite painting of your own? Each has had its place and its moment, but my last painting, *Thandeka* (pictured far right), is my current favourite. 

SOURCE Janine Jollands 084 274 1363

ENTER THE R100 000 SANLAM PORTRAIT AWARD



Entries are now open for the third Sanlam Portrait Award, which celebrates and showcases the best original portrait artwork in South Africa. Sponsored by Sanlam Private Wealth, in partnership with Durbanville's Rust-en-Vrede Art Gallery, the award offers a significant monetary prize of R100 000, as well as a viewers' choice prize. The closing date for entries is 13 July 2017.

The competition is open to artists aged 18 years and older who are residents of South Africa. Work entered should be based on a sitting or study from life, and the human figure must predominate. No sculptures, photographs and works created using software or other digital means are eligible. All works will be judged anonymously by a panel of three independent judges. They will identify the winning portrait and select 39 other entries to tour South Africa as part of an exclusive exhibition. The panel will be convened by Stefan Hundt, head of the Sanlam Private Wealth art advisory service and curator of the Sanlam Art Collection.

The Sanlam Portrait Award continues to attract hundreds of exceptional entries each year. In 2015, Cape Town artist John Pace was awarded the top prize for his portrait, entitled *After The Match* (100 x 80cm, oil on canvas) pictured here.



For more information, entry forms and competition rules, visit www.sanlamportraitaward.co.za or www.rust-en-vrede.com



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1. Red metal **pendant**, R770, K. Light Import. 2. Cole & Son, Geometric II Prism **wallpaper** 105-9040, R1 860,94/roll, St Leger & Viney. 3. FPS two-drawer **pedestal**, R5 995, Block & Chisel. 4. Lilac matte effect glass **pitcher**, R359, Zara Home. 5. Laguna denim **vases**, R295, La Grange Interiors. 6. Green tea scented **candle**, R129, H&M. 7. Allie **chair** velour petro with brass legs, R6 599, Sofacompany.com. 8. Vega three-seater green **sofa**, R15 995, Block & Chisel. 9. Quilted velvet **cushion cover**, R59,99 H&M. GH

SOURCES Block & Chisel blockandchisel.co.za H&M hm.com/za K. Light Import klight.co.za La Grange Interiors lagrangeinteriors.co.za Sofacompany.com sofacompany.com St Leger & Viney stleger.co.za Zara Home zarahome.com/za

COLOUR YOUR mood

Create down-to-earth spaces with neutral hues that will transform any room in your home into a sanctuary all year round

In a fast-paced world with increasing pressure to get more done, sometimes your home is the only place you can relax. No matter the size of your home, every part of it should exude a personality that you can delight in.

If you are looking for an elegant yet relaxing colour for your home, look no further than Kansai Plascon's colour of the year called In the Mood. It's a contemporary neutral colour with an earthy, soft pink-toned base. As natural light enhances the shade, so too do natural materials like woods and foliage, while turning every room

in your home into a relaxing zone.

Make In the Mood your own by tinting Kansai Plascon's velvet sheen Double Velvet or plush matt Cashmere for indoors, or Wall & All Micatex for outdoor areas.



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SEASONAL INSPIRATIONS

Autumn RHAPSODY

Savour the romance of this magical season
on a beautifully styled veranda

Creating a garden room atmosphere are pots, urns and a bench from Brocante Society. The rug, vintage Indian throw, and black and white boxes from Give and Give add decorative accents. The blue and white ginger jar is from L'Orangerie and the green glass vessel from Cécile & Boyd.

Add a black and white accent with a horn **box**, R690, from Cécile & Boyd.

Side tables are essential on a veranda. Ceramic **stool**, R2 495, Weylandts.

Create a lush garden room look with flowering plants in pots. **Petunia**, R45, in terracotta **pot**, R38,50, both Ferndale Nurseries.

Trays like this brass one, R750, from Cécile & Boyd, provide useful surfaces for drinks and potted plants.

The classic look of the Fiona PVC rattan **chair**, R3 895, from Block & Chisel, makes it ideal for outdoor living.

Establish a connection with the garden with patterned **outdoor fabrics** in seasonal colours like Erratic Peachtini, R650/m (above) and Resort Samba, R650/m (right), both from Hertext.

EXPERT TIPS

Cape interiors stylist and consultant Sarah Stuart-Reckling shares her tips for decorating outdoor living areas

- Make your outdoor living area an extension of your home with similar furnishings.
- Choose weatherproof furniture and fabrics so that you don't have to cover them up. If you love accessorising with scatters and ornaments that won't take wind, rain or sun, place a cupboard or storage chest nearby to store them in.
- Anchor the sitting area with an outdoor rug to add that extra layer of comfort. A wide variety of practical, durable rugs in beautiful designs are available.
- When choosing furniture, mix it up by combining pieces with different textures. Treated wood, metal, wicker and rattan all work well outdoors, and synthetic weather-resistant wicker furniture is now available.
- Link the area to the garden with flowering plants in pots of different shapes, sizes and finishes. Group them on a tray to protect surfaces from water stains. **GH**

This attractive, natural timber and rusted metal finish trestle **bench** from Hope Garden Furniture, from R4 500, is perfect for extra seating.

SOURCES Block & Chisel blockandchisel.co.za Brocante Society 021 797 2228

Cécile & Boyd cecileandboyds.com Ferndale Nurseries 021 794 5175 Give and Give

083 300 2114 Hertext hertext.co.za Hope Garden Furniture hopegf.com L'Orangerie 021 674 4284

Mobelli mobelli.co.za Sarah Stuart-Reckling 083 448 2099 Weylandts weylandts.co.za

Make a strong statement with a striking black and white plastic **rug**. Large rug, R1 200, small, R600, Give and Give.

Brave HEART

When Debbie and Robert Coombe couldn't find a suitable house for their growing family, they took on the challenge of rebuilding their own





“A part from the L-shaped footprint, our new home in no way resembles the original,” says Debbie Coombe. Some time ago, she and her husband, Robert, realised that their family of five had outgrown their house in Kenilworth, Cape Town. “Our daughter had to move out of her room to accommodate guests, and the sewing room, which had been the perfect nursery for our youngest son, was proving too small for a bedroom,” recalls Debbie, who ▷

THIS SPREAD, LEFT TO RIGHT: ● On the covered **patio**, sliding panels made from iroko can be closed when necessary. The decking is balau and the green scatter cushions are from French House & Company. ● Interior decorator Natalie Bulwer custom-designed many items of furniture for the home, including the console table that stands in the **entrance**. The mirror is from Farriers. ● “Deciding on the **exterior** paint colours took effort, but it was worth it,” says Debbie. They include Lindenwood 8797-5, Noble House 8796-4, and Niagara Mist 8793-1 from Midas Earthcote, Wynberg. Red Daffodil designed the landscaping.



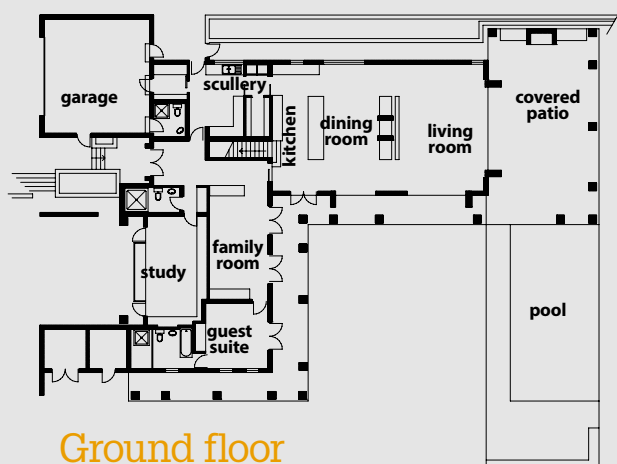
Who lives here

Debbie (pictured) and Robert Coombe, and their children, Savannah (18), Thomas (16), and Devon (13), as well as Labradors Rollo and Rosie, and Max, a terrier mix.

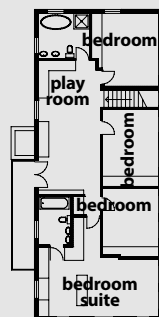
The house

A classical, contemporary-style five-bedroom double-storey with a spacious open-plan kitchen, dining and living area defined by a multi-pitched roof with skylights and a two-way feature fireplace.

"We wanted the **family room** to be a bright, fun space. One wall is filled with family photographs and our children's art work. The two ottomans fold out into single mattresses perfect for sleep-overs," says Debbie. The built-in book shelves were designed by Natalie Bulwer Interiors and the light fitting is from Plumstead Lighting Showroom.



First floor



OPPOSITE PAGE, CLOCKWISE FROM TOP LEFT: ● Dropped cornices add a classical element to the **kitchen**. ● "I wanted the home to be flooded with light all day," says Debbie, which is why skylights were included. The cedar table in the **dining room** was a wedding gift from Debbie's parents-in-law which she upcycled with white paint and charcoal accents. She made the slipcovers for the chairs. ● The downstairs **TV room** has a subtle African feel. The sofa is from Coricraft and the chandelier and coffee table from Weylands. ● The Coombes used their existing sofas from Biggie Best in the **living room**. The scatter cushions are from Block & Chisel.



also needed a larger office as she works from home.

As well as needing more space, the Coombes wanted a covered patio and an open-plan living area that would make entertaining and spending time as a family more social. "We had a modern, classical style in mind with lots of wood finishes. I started gathering inspiration and by the time we approached our friend and architect, Bert Pepler, we had a clear idea of what we wanted for both the interior and exterior," says Debbie.

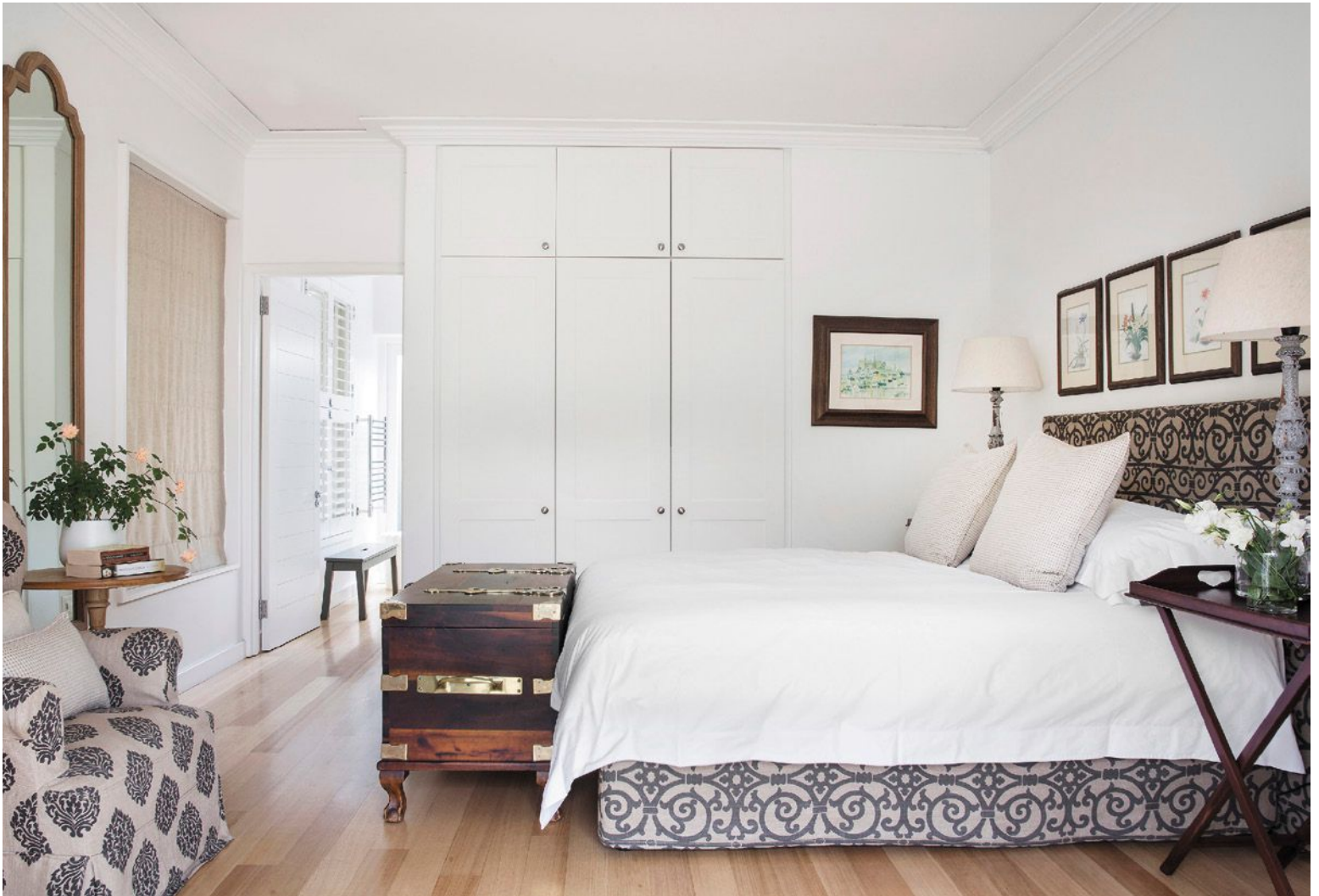
The entire house was demolished except for the garage. As the new design involved adding another storey for the bedrooms, bathrooms and the TV-cum-study area, the existing foundations had to be reinforced.

On the ground level, the kitchen, dining area and formal living areas were organised as a series of interleading spaces. "I wanted this to be bright and airy, so Bert designed a pitched roof clad with tongue and groove panelling and punctuated by skylights. It's still a novelty for us to eat dinner while watching the moon," she says.

In addition to two large picture windows, which bathe the kitchen and dining area in

light, the opposite wall is made up almost entirely of glass doors which lead onto the garden. As there is privacy on both sides, there was no need for blinds or curtains.

A double-sided fireplace with classical features simultaneously divides and anchors the space. Designed to soften the strong architectural lines, it's also practical: the wood panelling conceals a built-in drinks cabinet, storage space for glasses and the sound system. "It was great working with an architect who considered our lifestyle, came up with creative solutions and paid attention to the details, he even designed the joinery," says Debbie. ▷





Although they used most of their existing furniture, new contemporary pieces were needed to lift the decor. For these, Debbie called on interior decorator Natalie Bulwer, who sourced and custom-designed items.

In the TV room, Natalie worked around a new taupe sofa and two white giraffes that Debbie's father had painted, and continued the subtle African feel with carved wooden side tables, a glass-topped wicker coffee table and African gourd wall art. Textured scatter cushions dress the sofa and a beaded chandelier adds a playful touch.

One of the smallest yet most effective changes was adding charcoal accents to the legs of the existing white dining table. It now makes a striking statement while perfectly complementing the kitchen island and chimney. "Natalie pulled the decor together so successfully. We found it incredibly helpful to see furniture she had in mind on site and that she understood that we wanted to keep certain pieces for their sentimental value," says Debbie.

ABOVE: The **guest bathroom** opens out onto a small garden with an outdoor shower. The feature wall was painted with Lindenwood 8797-5 from Midas Earthcote, Wynberg, and the bath is from Victorian Bathrooms.

OPPOSITE PAGE, CLOCKWISE FROM TOP LEFT: ● "As with all the other upstairs rooms, we had shutters from Plantation Shutters installed in the **main bedroom** to keep the look crisp and light," says Debbie. ● "In **Thomas's bedroom** we painted the existing furniture dark grey and he found a few other pieces which Natalie pulled together," says Debbie. The Volkswagen Kombi prints are from Mr Price Home. ● Natalie used Mavromac's Excavation on the rocking chair and Trellis Work to upholster the headboard in the **guest bedroom**. The stinkwood kist belonged to Debbie's grandmother.

Get the look
Recreate the relaxed style
of this family room **GEH**



Small orange **vase**,
R179,99, Country Road.



Nautical **pendant**,
R4 150, K. Light Import.



Louvre **dresser**,
R31 995, SHF.



Rough
diamond
cushion,
R395,
Skinny laMinx.



Olly **magazine stand**,
R2 995, Block & Chisel.



Cyril two seater **sofa**, from
R6 995 (in fabric), Sofaworx.

SOURCES Bert Pepler Architecture & Interiors 021 762 5188

Biggie Best biggiebestwebshop.co.za Block & Chisel

blockandchisel.co.za Coricraft coricraft.co.za Country Road

woolworths.co.za Farriers farriers.co.za French House &

Company 021 671 4866 K. Light Import klight.co.za Mavromac

mavromac.co.za Midas Earthcote paintandplace.com Mr Price

Home mrphome.com Natalie Bulwer Interiors nataliebulwer.co.za

Plantation Shutters plantation.co.za Plumstead Lighting

Showroom plumsteadlighting.co.za Red Daffodil reddaffodil.co.za

Sofaworx sofaworx.co.za Victorian Bathrooms

victorianbathrooms.co.za Weylandts weylandts.co.za



A MODERN *charm*

This inviting home-from-home proves
that contemporary can be comfortable



Who lives here

Cliff and Bernadette Sampson, and their family who spend weekends and holidays here.

The house

A double-storey with open-plan living area, separate TV room, study, wine room, kitchen, scullery, and covered patio downstairs, a playroom and four en suite bedrooms upstairs.



Having worked in interiors and been exposed to the latest in decor and design, Bernadette Sampson jumped at the chance to incorporate some of these innovations in the holiday home she and her husband, Cliff, recently completed on the KZN North Coast.

“If you’re building a home from scratch, it makes sense to have the latest, especially in terms of finishes and technology,

such as a hydrotap, which provides chilled and boiling water immediately,” she says. Bernadette and Cliff chose to depart from the colonial style of their Johannesburg home (featured in *Garden and Home*, September 2011) and went for a more modern architectural style and contemporary interiors.

Bernadette worked closely with architect Marco Pellegrini and Jose Goncalves of Constant Contractors on the design of ▷

THIS SPREAD FROM LEFT TO RIGHT:

● A rim-flow pool draws the eye towards the sea, and a glass balustrade ensures that the view is uninterrupted. ● The living area is demarcated by a rug from Mae Artisan Rugs and the coffee table is from OKHA. **INSET:** Interior designer Robin Widdop (left) and homeowner Bernadette Sampson.



The covered **patio** is ideal for entertaining a crowd or simply relaxing, says Bernadette. Touches of lemon offset the clean lines of the furniture. The bar, which also features Caesarstone finishes, was installed by Kitchen Classics.



the house where clean lines create a sleek, spacious feel. “Entertaining is important to us, so a large, open-plan living area downstairs was a must,” she says. “We wanted it to feel roomy even with a house full of guests, and the open-plan layout is sociable and encourages interaction.”

The site has magnificent sea views and another element of the architectural brief was to take advantage of them by including glass doors, which open completely onto a generous deck, perfect for summer parties.

For the kitchen, Bernadette called on Paula Cremer of Kitchen Classics to help realise her vision of a sophisticated yet practical design with integrated appliances. High gloss finishes and wood veneer elements are complemented by different Caesarstone colours. It’s not difficult to see why the kitchen was a finalist in the Caesarstone Kitchen of the Year Award in 2016.

“For the interior decor, contemporary without being clinical was the aim,” says Bernadette. To help get the balance ▷



THIS PAGE, CLOCKWISE FROM TOP LEFT: ● In the **dining room**, the custom-made table by Meyer von Wielligh combines the mod feel of metal with raw wood. The staircase features glass balustrading. ● The **kitchen**, by Paula Cremer of Kitchen Classics, combines the latest finishes and technology, such as Caesarstone, under-cabinet lighting and hydrotaps, with a functional design. ● Glass doors stack away, seamlessly merging the interior with the surroundings.



right, she called on interior designer Robin Widdop. “Bernadette had collected images she loved and picked out pieces of furniture, such as the pair of blue Vitra Grand Repos chairs in the TV room, which we used as a starting point,” says Robin.

“As it’s a holiday home, it had to be inviting and relaxing, so we chose luxurious fabrics, textures and finishes to create a layered feel that’s very welcoming.” Bernadette also wanted to incorporate bespoke items by South African designers, such as Meyer von Wielligh and Andrew Dominic.

Although each room has a neutral base, Robin loves colour and used it throughout, often to emphasise standout pieces. Planning was key to getting all the elements right,” says Bernadette, “and we look forward to many happy holidays here.” ➤



THIS PAGE, FROM TOP: ● The **TV room** is contemporary yet cosy with laid-back luxe courtesy of the textured wallpaper, Seri Anthology from Black Fabrics, a rug from Mae Artisan Rugs and an upholstered ottoman. The sleek Leaf lamp from Meyer von Wielligh complements the Manu media cabinet by Andrew Dominic. The blue Grand Repos Vitra chairs are from Créma Design. ● Bernadette chose luxurious fabrics to customise furniture like the wingback chair from OKHA in the **living room**. “Adding organic shapes and earthy textures softens the modern lines,” she says.

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Get the look
Add some contemporary cool to a covered patio with tones of grey and pops of yellow **CEH**

Ottoman, R5 290, LIM.



Milan rug, R25 855, Papilio.



H bar stool, R1 830, Union3.



Vase, R79,99, Mr Price Home.



Cushion, R399, @home.



Cushion, R910, Cécile & Boyd.



Coffee table, from R4 390, LIM.



Capri four-seater sofa, R9 499, @home.



THIS PAGE, FROM TOP: ● This **bedroom** is given interest with patterned cushions in Aloah by Aldeco and an ottoman upholstered in Sousse by Camengo, both from Hertex. ● Large glass sliding doors allow for sea views even in the **bathroom**. The vanity is by Kitchen Classics.

SOURCES @home home.co.za **Andrew Dominic** andrewdominicfurniture.com **Black Fabrics** blackfabrics.co.za **Caesarstone** caesarstone.co.za **Cécile & Boyd** cecileandboyds.com **Constant Contractors** 084 475 6200 **Créma Design** cremadesign.co.za **Hertex** hertex.co.za **Kitchen Classics** kitchenclassics.co.za **LIM** lim.co.za **Mae Artisan Rugs** maerugs.com **Meyer von Wielligh** meyvonwielligh.co.za **Mr Price Home** mrphome.com **OKHA** okha.com **Papilio** papilio.co.za **Pellegrini Associate Architects** pellegriniarchitects.co.za **Robin Widdop Interiors** robinwiddopinteriors.co.za **Romo** romosouthafrica.com **Union3** union3.co.za

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The art of the matter

The bold, contemporary design of this Jo'burg family home is the perfect backdrop for their relaxed lifestyle and cherished art collection

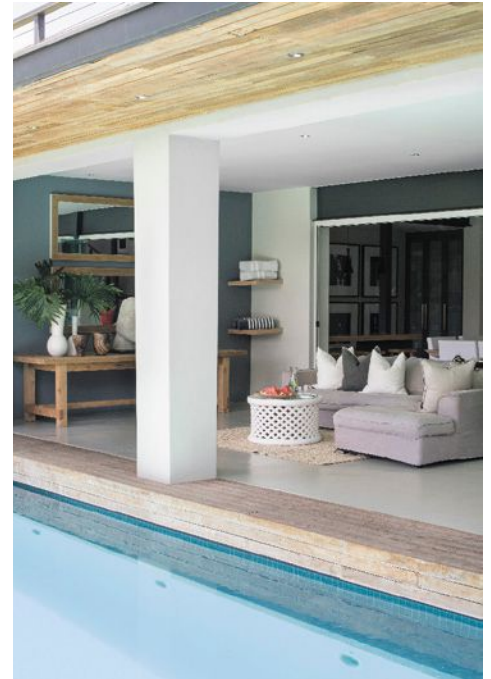


Who lives here

A professional couple, their daughter (10), son (14), and two English bulldogs.

The house

A four-bedroom, three-bathroom home with modern, open-plan living and entertaining areas overlooking the golf course in Dainfern, Johannesburg.



Their love of art and their desire to display it beautifully were some of the reasons this Jo'burg couple chose to renovate their home. "We love the security of the estate and the position of the house overlooking the golf course, but the layout didn't suit our lifestyle at all," they recall.

After living in the house for a year, they enlisted the expertise of Lee Corlett Architects. "We asked them to suggest what we thought would be a few changes to accommodate the art we've collected over the past 15 years, and to improve the view," they say. The remodel, which took 18 months, ended up being far more extensive than they initially imagined and included gutting and redesigning the entire ground floor, building a new swimming pool and adding on a garage. "Despite the inconvenience of having to rent another house during the alterations, it was well worth it," they say.

To establish rooms that would be easy to live in and simultaneously make the perfect backdrop for their art collection, they consulted interior designer Bronwen Barnes. As the newly ▸

THIS SPREAD, LEFT TO RIGHT: ● Large artworks by Lionel Smit make a statement in the **living room**. As a contrast to the linear beams, interior decorator Bronwen Barnes chose a curved sofa from Weylandts. For colour, she added scatters in Waterfall Tranquil from Hertex and Linara Linen and Rocota from Romo. A large piece of yellowwood turned into a coffee table by Grain & Co. adds a sculptural element. ● Sculptures by Patricia Volk welcome guests at the **entrance**. ● The **covered patio** is furnished with mirrors from The Private House Company and a rustic console table. The Bamileke stool is from Amatuli.



remodelled house had an industrial feel, her first suggestion was to cover the floors with resin. “This looks like screed, but is easy to clean and doesn’t crack over time,” she explains. She painted the walls in a neutral shade and left the exposed H-beams black to provide a frame for sections of the living area.

“The decor had to complement the art, allowing it to be the focus,” says Bronwen, who hung some pieces on their own and grouped others for more impact. In many cases, the colours used for the furnishings were inspired by the paintings.

“This is a family home, so I was conscious of designing comfortable but stylish spaces where the family can spend time together. For instance, in the TV room off the dining area, I used a wood-look wallpaper to offset inviting sofas and rustic tables >

THIS PAGE, CLOCKWISE FROM TOP LEFT: ● In the **TV room**, wood-look wallpaper from Black Fabrics (FFPE 10012), a comfortable sofa, distressed cabinet and side tables from Weylandts create a warm, inviting atmosphere. The coffee table is another custom piece from Grain & Co. ● Stools from Weylandts on both sides of an extended counter in the **kitchen** make it ideal for casual meals. The pendants are from Streamlight. ● As the homeowners love to cook, the **kitchen**, installed by Lynne Olivier Interiors, is stylishly functional and has open shelving and a large industrial stove. The resin floors were laid by Teracoat.





The large ottoman in the **bar area** is covered with Karia Mole from Hertex. The occasional chairs are from @home and the custom sofa from Sofacompany.com. Bronwen added scatters in Kim from Hertex to reflect the colours in the striking portrait by Gerhard Van Vuuren.



to make it cosy and encourage the family to put their feet up,” says Bronwen. “They use this room a lot and it’s especially comfortable in winter,” she adds.

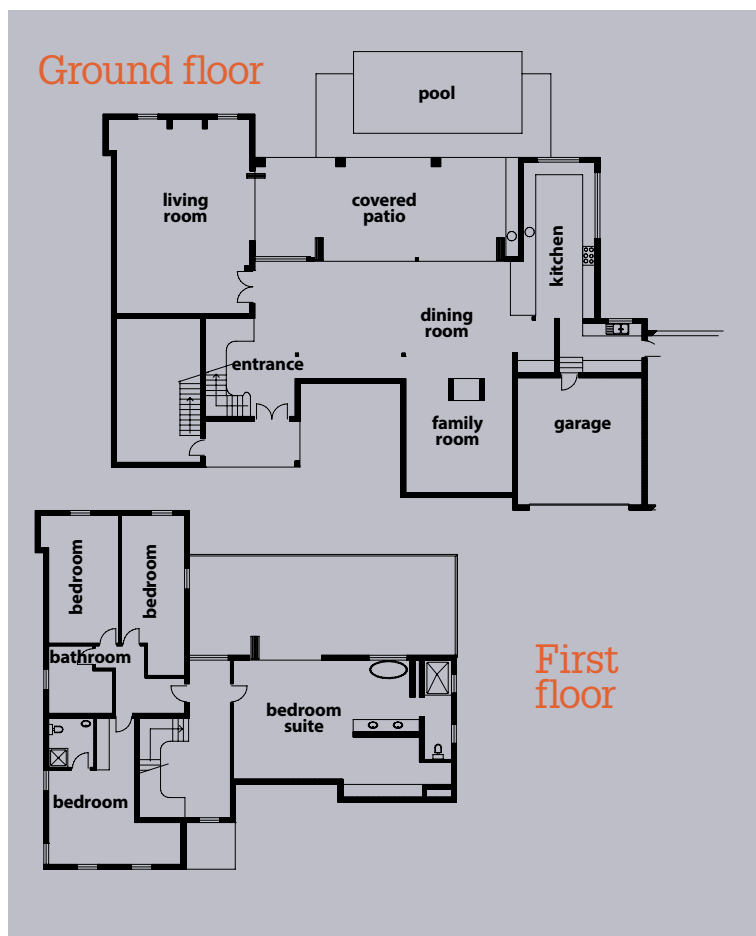
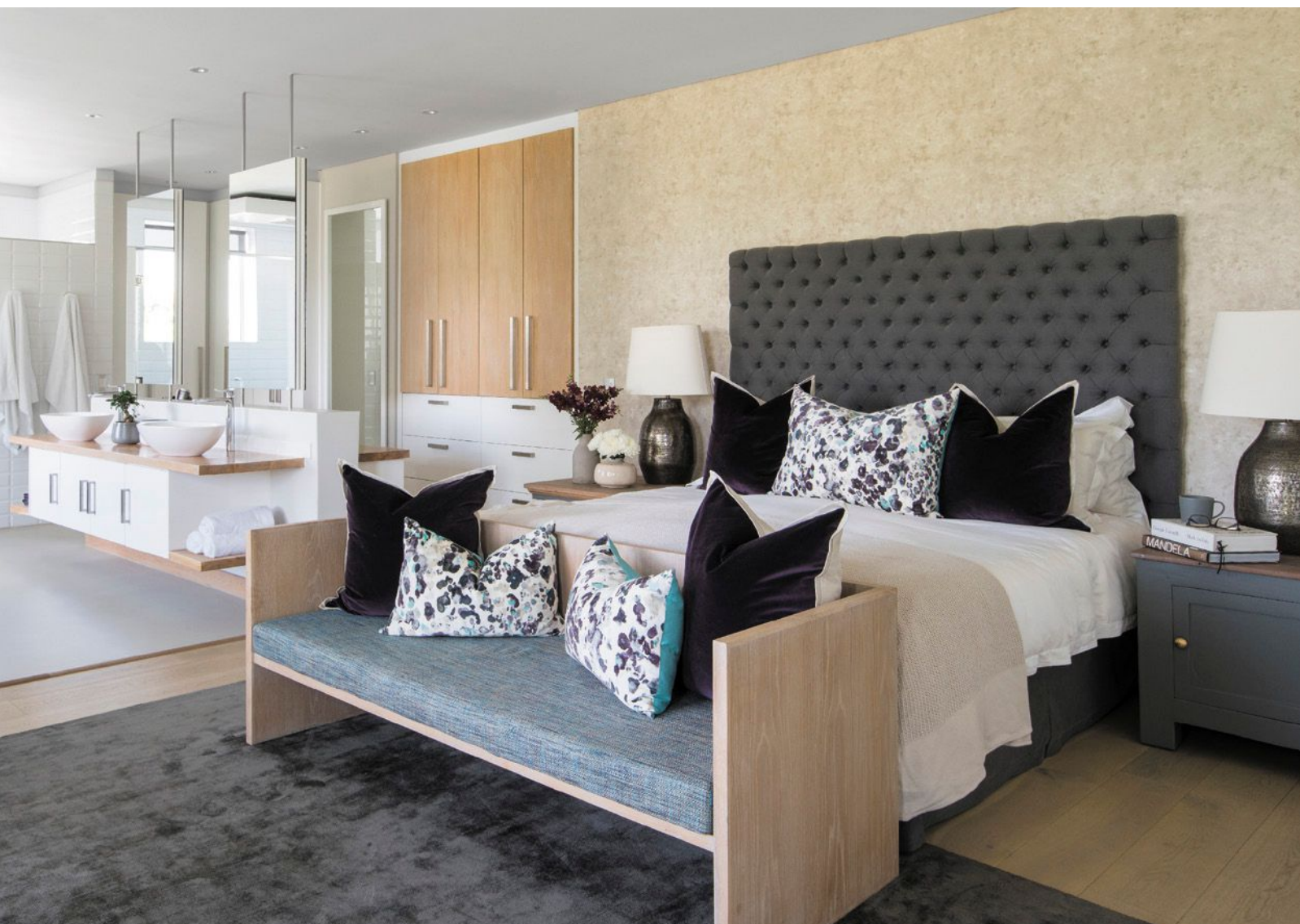
As the owners love to cook and entertain, the floor plan was designed to feature an easy flow from the kitchen to the bar area. Linking them are the living and dining areas, which open onto a large covered patio overlooking the new rim-flow pool, garden and deck. Frameless glass doors can be closed in winter, so they can still enjoy the outlook in comfort.

In the entrance hall, Bronwen grouped together a variety of black and white prints and paintings, which add interest to the double-volume space. “Our favourite artists include Lionel Smit, Patricia Volk and James Caple and we’ve acquired most of our collection from galleries in Johannesburg and London,” explain the homeowners.

A staircase leads to the first floor, which has four spacious bedrooms and three bathrooms. The main bedroom and bathroom form one large room and the furnishings reflect the modern look of the rest of the house. Here, Bronwen chose subtle wallpaper for the wall behind the bed, and to make the room feel more luxurious, added a large-scale headboard and a sofa at the foot of the bed. It’s an ideal spot to take in the views of the estate through sliding doors that open onto a balcony.

“The easy flow from indoors to outdoors works extremely well for us and the children and, as a result, we spend a lot more time at home,” say the owners. ▸

THIS SPREAD, CLOCKWISE FROM ABOVE LEFT: ● On the **landing**, a French Oak and brushed steel bench by Grain & Co. forms a base for two photographs from Weylandts. Bronwen chose fun scatters in Ardmore’s Leopard Lights, Kingfisher from Mavromac and combined them with smaller two-toned scatters in Linara Rocota, Grey Seal and Sahara Turquoise, all from Romo. ● Alongside the **staircase**, Bronwen grouped a selection of monochrome artworks by John Caple and a large piece from Weylandts which the homeowners had framed. ● As the **main bedroom** is large and needed substantial furnishings, Bronwen combined chunky side tables refurbished by Grain & Co. with large lamps from Gatehouse. The headboard is covered in Linara Grey Seal from Romo and, for a luxurious feel, she mixed velvets and floral scatter cushions. The wallpaper, Casamance Belem, and the rug are both from Hertex. ● The raw brickwork in the **guest bedroom** was painted white so that its texture offsets the bed from Weylandts. The scatters are from Design Team.





ABOVE: In their teenage **daughter's bedroom**, Bronwen opted for a fun butterfly wallpaper, Brooklyn Bridge from Black Fabrics, which she combined with scatters in Digiflora Candy Crush Azul from Hertex and Sahara Navy and Sulphur from Romo. The four-poster bed is from Weylandts.



Cosmo oyster **corner unit**, R59 995, Weylandts.

Get the look
Put together this modern scheme for your living room **GH**



White textured rays **vase**, R199,99, Mr Price Home.

Epping **side table**, R3 995, SHF.



Esprit Hertex **cushion**, R299, Superbalist.com



Munggur tree trunk **coffee table**, large, R9 995, Weylandts.

SOURCES @home home.co.za **Amatuli** amatuli.co.za **Black Fabrics** blackfabrics.co.za **Bronwen Barnes Interiors** bronwenbarnes@hotmail.com **Design Team** designteamfabrics.co.za **Gatehouse** thegatehouse.co.za **Gerhard Van Vuuren** gerhardvanvuurenart.com **Grain & Co.** info@grain.org.za **Hertex** hertex.co.za **House of Sofia** houseofsofia.co.za **John Caple** jmlondon.com/artists/john-caple **La Grange Interiors** lagrangeinteriors.co.za **Lee Corlett** 082 418 5801 **Lionel Smit** lionelsmit.co.za **Lynne Olivier Interiors** lynneolivierinteriors.com **Mavromac** mavromacandthegatehouse.co.za **Mr Price Home** mrphome.com **Patricia Volk** patriciavolk.co.uk **Romo** romosouthafrica.com **Sofacompany.com** sofacompany.com **SHF** shf.co.za **Streamlight** streamlight.co.za **Superbalist.com** superbalist.com **Teracoat** teracoat.co.za **The Private House Company** theprivatehouseco.co.za **Weylandts** weylandts.co.za

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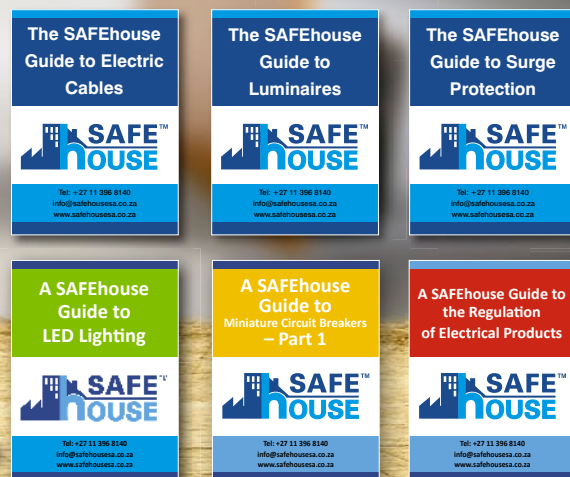
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BE INSPIRED

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Linen House Cuba **cushion**, R299, Superbalist.com



Wooden beaded **garland** with heart, R295, Weylandts.



Harlequin Quintessence Ochre Olive and Heather **wallpaper**, R7 620/300 x 140cm panel, Black Fabrics.



Salisbury **chair**, R11 995, SHF.



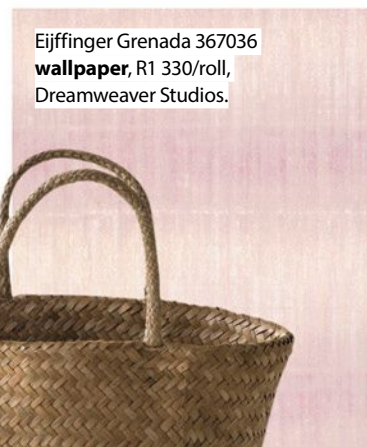
Lamp with a wooden shade and base, R1 999, Zara Home.

Tiny Pink R1-A2-3 **paint**, R199/l, Plascon.

Camengo Agapanthe Designs **fabric**, POR, Hertext.



Eijffinger Grenada 367036 **wallpaper**, R1 330/roll, Dreamweaver Studios.



Relax

Get back to nature by layering natural textures and botanical motifs against a soft, romantic palette

Antique-finish mercurised glass **vase**, R429, Zara Home.



Vintage **birdcage**, R2 395, SHF.



Small sea grass **basket**, R175, Weylandts.



Kokedama
fern, R159,99,
Woolworths.

Petite White G3-E2-3
paint, R199/ℓ, Plascon.



Marrakesh brick **fabric**,
R1 118/m, Hertex.



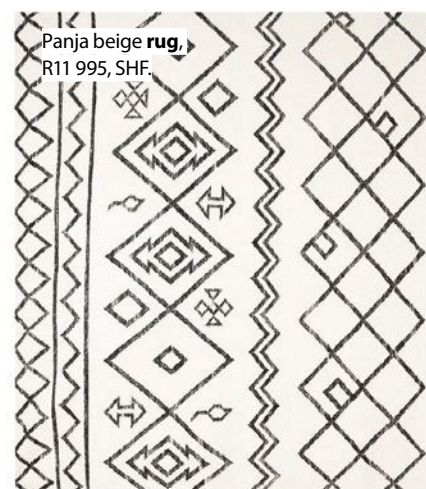
Copper resin **monkey**,
R590, Vintage Vista.



Loune lino **loveseat**, R8 995,
Block & Chisel.



Zambezi 109-14063
wallpaper, Ardmore
Collection, R5 670,59/roll,
St Leger & Viney.



Panja beige **rug**,
R11 995, SHF.



Cole & Son Savuti 109-1007
wallpaper, Ardmore
Collection, R1 686,06/roll,
St Leger & Viney.



Bolgo round
natural **basket**,
R595, Weylandts.



Lime green design
scatter, R575,
Vintage Vista. ▷



Iringa auburn medium
basket, R495, Weylandts.

Remix

Embrace a global culture clash with a combination
of tropical prints and ethnic artefacts



Fan **dining chair** in black, R11 776, Créma Design.



Tabriz **rug**, R7 500/m², Gonsenhausers Fine Rugs.

Decor: Lyrene Zimmerman, The Furniture Guild.



Chrome **wall light** with square shade, R1 400, K. Light Import.



Deep Sea Reef B7-B1-1 **paint**, R199/ℓ, Plascon.

Metallic **lantern**, R629, Zara Home.



Bullit and belt **vases**, from R1 100, La Grange Interiors.



Cosmo **dining chair**, R995, SHF.

Revive

Channel the energy of the 80s with vibrant colours, geometric patterns and furniture with bold silhouettes



Moka volcano **fabric**, R749/m, Hertex.



Epping **server**, R9 995, SHF.



Red classic belly **urn**, R199,99, Mr Price Home.

Misted yellow water drop **urn**, R199,99, Mr Price Home.

SOURCES Black Fabrics blackfabrics.co.za Block & Chisel blockandchisel.co.za Créma Design cremadesign.co.za Dreamweaver Studios dreamweaverstudios.co.za Gonsenhausers Fine Rugs finerugs.co.za Hertex hertex.co.za K. Light Import klight.co.za La Grange Interiors lagrangeinteriors.co.za Mr Price Home mrphome.com Plascon plascon.co.za SHF shf.co.za St Leger & Viney stleger.co.za Superbalist.com superbalist.com The Furniture Guild thefurnitureguild.co.za Vintage Vista vintagevista.co.za Weylandts weylandts.co.za Woolworths woolworths.co.za Zara Home zarahome.com/za

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Caribbean



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Caribbean Cnr



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Length: 300x150cm

Chivonne Mini



From: R6995 (fabric), R12,995 (leather)
Length: from 190cm

Chivonne Mini Cnr



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Length: 240x190cm

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Length: from 185cm

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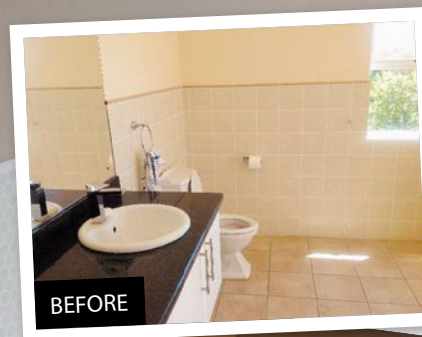
Deep Buttoned Headboard



Price: R4995, (linen)
Size: Queen

Comfort ZONE

The bathroom is one place where you can escape the demands of daily life. Although these three soothing sanctuaries have different styles, they were all designed to pamper



BEFORE





SPA QUALITY

Although it was spacious, this master bathroom in Silvertree Estate, Cape Town, was rather dull and utilitarian. “The existing layout didn’t make the most of the proportions or the outlook,” recalls Lisa Millbacher of Bespoke Bathrooms. “We first gutted it, then, to make it more functional and add some much-needed elegance, we custom-designed a resin composite vanity around the existing window. For a more open feel, we removed the shower enclosure and replaced it with a glass walk-in shower. The window in the shower was also enlarged to reveal the beautiful views.” Shutters from Taylor Blinds were installed to screen the door opening onto the terrace and the windows.

New luxurious features include a freestanding bath from Boutique Baths, which forms the focal point, and heated towel rails from Jeeves. Large format floor tiles from SQM Tiles & Flooring enhance the sense of space and are offset by hexagonal mosaics on one wall and subtle textured wallpaper on the other. A beaded stool from Block & Chisel is used for candles and drinks, while a slipcovered ottoman provides a comfortable spot to sit and relax. ▹

SOURCES Bespoke Bathrooms bespokebathrooms.co.za Block & Chisel blockandchisel.co.za Boutique Baths boutiquebaths.co.za Jeeves jeeves.co.za SQM Tiles & Flooring ryan@sqmflooring.co.za Taylor Blinds taylorblinds.co.za




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CLASSIC ROMANCE

When Lisa Woodhouse renovated her colonial Durban home some years ago, she designed this bathroom in keeping with the classic style of the house with wood panelling, brass fittings and a marble topped vanity. Since then, she's turned the house into a guesthouse, Lambert House, and took the opportunity to revamp the bathroom with new paintwork in soft blue (Lazy Afternoon from Plascon). "It emphasises the panelling particularly well, turning it into a striking feature," says Lisa who enhanced the romantic feel with unstructured blinds and a gathered vanity skirt. ▸

SOURCES Lambert House Guesthouse lamberthouse.co.za
Plascon plascon.co.za



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MADE FOR TWO

This spacious, light-filled bathroom in Jo'burg is the ultimate his-and-hers space. It's open to the bedroom and features a double basin unit that separates the 'wet' areas from the adjoining dressing space. Ideal for a lengthy soak, a large freestanding bath from Bathroom Sanitaryware sits below the window, while a stool from Weylandts holds toiletries and candles. The far end of the room houses a spacious double shower. For privacy, the loo is in a separate cubicle. As the owners wanted a contemporary, organic look, they chose glossy white metro tiles from Italtile offset with raw wood shelving. The industrial-look resin floor by Teracoat is waterproof and easy to maintain, and a vintage patchwork rug from iRug provides softness and warmth. "We love the simplicity of the design, and with the spacious layout, there's plenty of room for the two of us to get ready at the same time." **GH**

SOURCES Bathroom Sanitaryware 011 467 2933 iRugs.co.uk
irugs.co.uk Italtile.co.za Teracoat.co.za Weylandts.co.za



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VANITY

flair

Often the focal point of a bathroom, a vanity should also provide practical storage space. Here are some of our favourites



1 SQUARE DEAL

For her sons' bathroom, interior designer Bronwen Barnes designed a unit to fit into an existing alcove. Custom-made by Lifestyle Projects, it incorporates drawers with inset handles and is wall mounted so it doesn't appear too heavy. To complement the design, Bronwen chose rectangular basins from iTile and mirrors from Tilespace.

2 DOUBLE DUTY

In small spaces, a floating vanity is the answer. Interior designer Lisa Walters designed this one with both open and concealed storage space. "Drawers and shelves are ideal in a bathroom as they allow you to see their contents easily and there's no digging around at the back of a cupboard," she says.

TEXT CANDICE BOTHA, JO TRAPPIE AND DINA VENTER
PHOTOGRAPHS SALLY CHANCE, CHRISTOPH HOFFMANN AND KARL ROGERS



3



4

5 ALL-IN-ONE

This all-white vanity with under-mounted basins was designed by architect Marinda Brymer to fit into a recess next to a corner window. In keeping with the minimalist style, cupboards and soft-close drawers open with concealed grips. To add the finishing touches, decorator Jacob Crafford-Burger of Kojabu Interior & Lifestyle introduced simple but striking accessories. **GH**



5

3 CLASSIC TWIST

As this bathroom didn't have space for a freestanding vanity, Irene Kyriacou of Oniroco Interiors in Jo'burg designed a narrow cabinet with faux mother of pearl handles. "It's contemporary with a classic twist in the turned legs and details," she explains. "Mounting the basin on top allows for more storage space."

4 STAYING AFLOAT

In this guest loo designed by Debbie Steinhobel of Olàlà! Interiors, the floating vanity's deep drawer maximises storage without taking up too much space. Offsetting its square shape is a round mirror and dramatic wallpaper, Black and Light by Eijffinger from Dreamweaver Studios.

SOURCES Bronwen Barnes Interiors bronwenbarnes@hotmail.com Dreamweaver Studios dreamweaverstudios.co.za

Kojabu Interior & Lifestyle kojabu.co.za iTile itile.co.za Lifestyle Projects lifestyle-projects.co.za Lisa Walters Interiors

lisa@lisawaltersinteriors.co.za Marinda Brymer brymerandassociates.co.za Olàlà! Interiors olalainteriors.com Oniroco Interiors

irene.oniroco@gmail.com Tilespace tilespace.co.za



1

GET MORE ONLINE

To get ideas for open-plan showers, visit the bathroom section at gardenandhome.co.za

2



1 *The big screen*

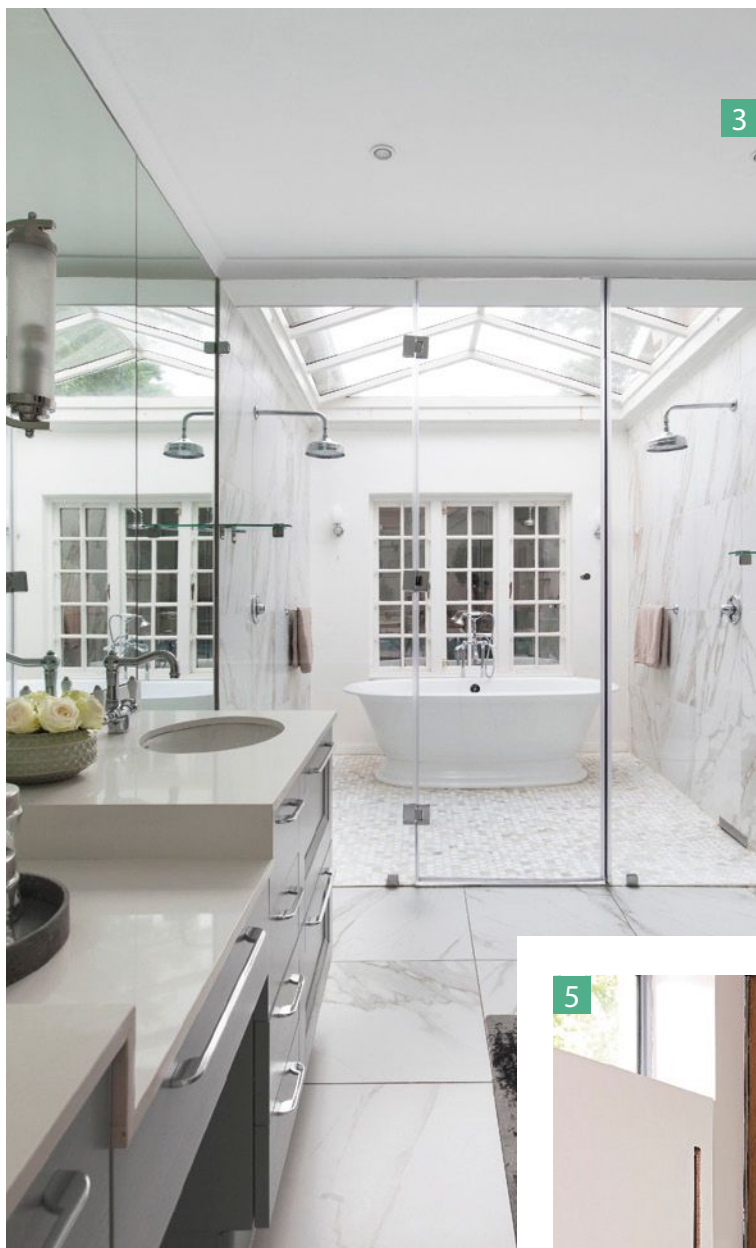
In small spaces, frameless showers keep the look open, making the bathroom appear larger. For the same reason, Christelle Nagel and Leon Grobbelaar of Kunst Architecture also specified matt black hexagon tiles from Douglas Jones' Arkitekt Series for the entire floor in this Cape bathroom.

2 *Wet, wet, wet*

To create a sense of space and add interest in this double shower, interior architect Trisch Barnard tiled the walls and floor with mosaic tiles from Union Tiles and complemented them with vintage-look taps and showerheads. Drawing the eye is a small recess for toiletries, clad with tiles from Hadedo.

Make a SPLASH

If you prefer a shower to a bath, here are some clever ideas



3 *Light refreshment*

Wet rooms are all the rage. Here, the bath and double shower are enclosed by glass panels, which let light flood through from the skylight and keep the vanity and dressing area dry.

4 *Marvellous marble*

Marble is one of the hottest trends right now and ideal for showers. To highlight the grain and accentuate the shower column, the owners of this Camps Bay apartment included a strip of mosaic tiles and carried through the chequerboard effect with black and white tiles on the floor. The light fittings, floor tiles, and basin are from Victorian Bathrooms and the marble cladding from Quadrata Tiles. Project management by Hughes Design and Restoration.



5 *Room with a view*

If you have a shower with a view, but need privacy, consider shutters like these ones by Plantation Shutters as the top sections can be opened to let in natural light and the view, while the lower ones can be closed for privacy. Made from aluminium, they can withstand moisture, won't rust and can be opened completely when the shower is not in use. **GEH**

SOURCES Douglas Jones douglasjones.co.za
Hadedashop hadedashop.com **Hughes Design and Restoration** hughesrestorations.com
Kunst Architecture kunst.co.za **Plantation Shutters** plantation.co.za **Quadrata Tiles** quadrata.co.za **Trisch Barnard** trischbarnard@gmail.com **Union Tiles** uniontiles.co.za **Victorian Bathrooms** victorianbathrooms.co.za

SHOPPING



1. Square patterned brass mirror, R449, @home. 2. Ringwood mirror, R2 495, Weylandts. 3. White mirror with irregular double frame, R829, Zara Home. 4. Urban square mirror, R499,99, Mr Price Home. 5. Albi mirror, R295, SHF. 6. Opulent oval mirror, R2 999, @home. 7. Vanity mirror, R6 599, La Grange Interiors. 8. Cornered mirror, R6 100, The Private House Company. 9. Alexandra mirror, R2 995, Block & Chisel. **CEH**

SOURCES @home home.co.za Block & Chisel blockandchisel.co.za La Grange Interiors lagrangeinteriors.co.za Mr Price Home mrphome.com SHF shf.co.za The Private House Company privatehouseco.co.za Weylandts weylandts.co.za Zara Home zarahome.com/za

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1. TAKE A SEAT

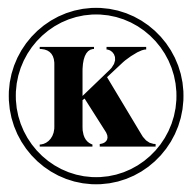
“Adding furnishings gives a bathroom a sense of luxury,” says interior designer Lisa Walters, who introduced a plush upholstered chair and metallic side table to this Cape Town bathroom. Practical as well as stylish, the chair provides somewhere to sit to take off shoes, while the table holds bath-time essentials. “Just replacing these freestanding items will give your bathroom a brand new look,” says Lisa.

2. BENCH MARK

Adding comfort and luxury to this Modderfontein, Jo’burg, bathroom are a large rug and an upholstered bench, an antique find that decorator Joanne Roelofsz covered in a chartreuse fabric with deep buttoning. It’s the perfect spot to lay out the day’s outfit, or to relax while titivating. ▷

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3. SHELF LIFE

To create a focal wall and complement the contemporary African style of this bathroom, Debbie Steinhobel of Olàlà! Interiors painted the wall charcoal and mounted reclaimed wood shelving on it. Carefully curated ornaments add a furnished feel without taking up space.

4. PERFECT SYMMETRY

For this bathroom in Paarl, decorator Nicolette Jonas chose matching vanities from Interior Concepts that resemble antique washstands. Flanking the slipper bath from Victorian Bathrooms, they complement the French country decor. Bringing the look right up to date is a white ceramic stool.

5. GALLERY STYLE

Interior decorator Lisa Walters used



framed mirrors, pictures and plates to add charm to this children's bathroom. "Keeping the palette neutral ensures that it still looks elegant," she says. **GH**

SOURCES Interior Concepts 082 565 4500

Joanne Roelofs 082 342 7379 Lisa Walters

Interiors lisa@lisawaltersinteriors.co.za

Olàlà! Interiors olalainteriors.com Victorian Bathrooms victorianbathrooms.co.za

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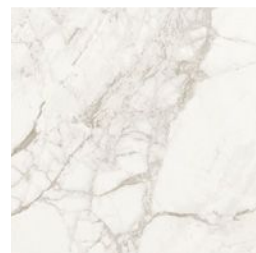
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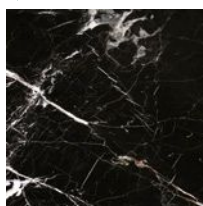
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Shadestone matt glazed
porcelain floor tile, 900 x 900mm,
from R690/m², Italtile.

SURFACE STYLE

Choosing the finishes for your bathroom is no longer just a matter of practicality. Here are some of this year's most stylish trends

STONE REVIVAL

The taste for organic materials has encouraged the use of natural stone in bathrooms. As interiors move towards dark, moody hues, slate and slate-look tiles will prove popular. Their rich, tactile quality is ideal for cladding on vanities and baths, and even on polished basins. For maximum drama, entire bathrooms will be tiled with larger formats on the floor and walls, and given interest with a mix of shapes and sizes. Contrasted with crisp white sanitaryware or brass details and fittings, this is one of this year's luxe looks.



Carrara marble-look porcelain wall tile 600 x 1 200mm from R499,99/m², Tile Africa.



Charleston Canarywood luxury vinyl plank tile, R283/m², Belgotex Floors.

△ TIMELESS CLASSIC

Thanks to advances in engineering, man-made products are virtually indistinguishable from the real thing, and marble-look tiles are more popular than ever in bathrooms. In addition to large format floor tiles, there are products as thin as 6mm and as large as 3 000 x 1 500mm that can be used as wall cladding and counter surfaces. “At Cersaie, the international exhibition of ceramic tiles and bathroom furnishings, we saw compositions that were both seamless and bold. Marble-look tiles can be just as effective merging walls and floors as when contrasted with a totally different product such as a mosaic floor,” says Liza Watermeyer of Tile Africa.

△ NATURE'S SOURCE

With 2017 seeing a return to all things organic and natural, bamboo and wood effect products in the form of vinyl flooring, and ceramic and porcelain tiles are set to take a front seat. Strides in technology have resulted in a wide choice of affordable products that offer an impressively authentic look with the

added advantages of being waterproof and durable. Expect to see a varied colour palette ranging from pale, bleached shades of white and grey through to warm tones of natural oak. In addition to traditional long planks, smaller formats will become popular and tiling compositions on both walls and floors will become more decorative. ▷



3D diamond matt ceramic wall tile, 400 x 800mm, from R890/m², Italtile.



Bianco Cemento concrete-look porcelain tile 1 200 x 600mm and 600 x 600mm, from R397,86/m², WOMAG.


◀ INDUSTRIAL CHIC

Industrial style will continue to be popular in bathrooms. Soothing shades of raw concrete are especially suited to spaces where tranquillity is desired. While cement-based coatings and screeds will remain an option for creating a seamless finish on walls and floors, large format concrete-look tiles are going to gain ground. “State-of-the-art technology using digital imprinting has resulted in convincing imitations with the elegance and longevity of a porcelain tile. What’s more, installation is hassle-free and affordable,” says Oren Sachs of WOMAG.

△ ARTFULLY TACTILE

When it comes to tiles, the focus will be on highlighting texture using both relief surfaces and varied shapes. Three-dimensional tiles are set to become a fashionable way to soften walls and lend interest at the same time. In terms of patterns, exciting combinations of geometric shapes, such as hexagons, will establish a lively effect on both walls and floors, as will mosaic and mosaic tiles. “Bathrooms have become spaces where you can make a unique, personal mark and with the variety of products available, tiles offer the most versatile way to achieve this,” says Nicole Russell of Italtile. **GH**

SOURCES Belgotex Floors belgotexfloors.co.za Italtile italtile.co.za Tile Africa tileafrica.co.za WOMAG womag.co.za



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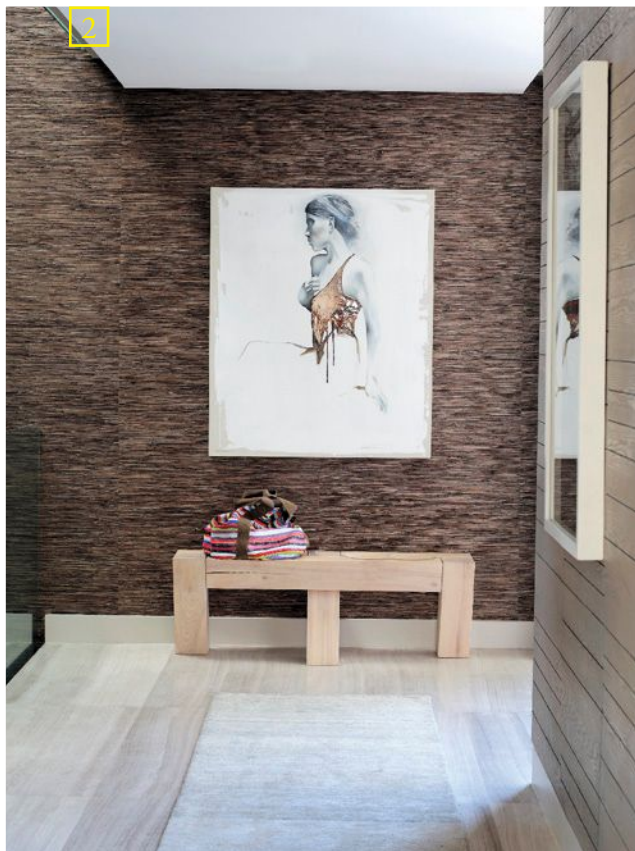
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Face VALUE

Portraits can add unique and intriguing elements to a home. Here are some expert guidelines on how and where to hang them



1 GROUP THERAPY

When combining a portrait with other artwork, it's advisable to establish a connection between them. It can be as simple as choosing works with a common hue or range of tones. Similar frames is another way of creating cohesion between pieces hung as a group. "Abstract art looks wonderful next to traditional portraits because both genres hold an equal emotional intensity. Neither overpowers the other as they're so different," explains interior decorator, Natalie Bulwer. Grouping by Picture Hanging Services.

2 MEASURE UP

The size of the portrait should be in proportion to other elements, like furniture and wall size. Single portraits hung above a sofa, bed, server, or fireplace should take up two-thirds to three-quarters of the wall space. Decor by Manuelo Candido Interiors.



3 WINNING COLOURS

"Portraits can merge harmoniously with a decor scheme or establish a complete contrast. The success of either effect will be in the way you use colour," says interior designer David Muirhead. Here, David used a dramatic charcoal wall to unify a combination of a traditional gilt-framed portrait and contemporary works, while the tonal range of greys is reflected in most of the furnishings and fabrics. ▷

TIPS ON GROUPING

Brett Deacon of Picture Hanging Services says:

"With gallery-style arrangements, the objective is to create a sense of unity, but with just the right amount of space between artworks to be able to appreciate them individually. First, arrange them in a collage on the floor. This way you can play with the format. When you're satisfied with the composition, it's just a matter of measuring it up on the wall."

“There are two types of portrait one is most likely to encounter in the home: family portraits and character portraits. Family portraits can be grouped intimately, creating a type of family history and relational narrative. The character portrait, often anonymous, is an experiential narrative of the person depicted or of a previous owner. These can be used in isolation or alongside a broader collection of paintings.”

Stefan Hundt – head of the Sanlam Private Wealth art advisory service and curator of the Sanlam Art Collection



SANLAM PORTRAIT AWARD

Entries are now open for the third Sanlam Portrait Award which showcases the best portrait artwork in South Africa. Sponsored by Sanlam Private Wealth in partnership with Rust-en-Vrede Art Gallery, the prize is a significant R100 000 and entries close on 13 July 2017. For more information, entry forms and competition rules, visit www.sanlamportraitaward.co.za or www.rust-en-vrede.com

4 BOLD CONTRASTS

“I find portraits particularly effective when used in entrances. It works like a welcome, drawing you in,” says Jennifer Reynolds, gallery director of StateoftheArt. “A vibrant, modern portrait will instantly uplift a traditional room, creating a sense of surprise, while the drama of a traditional portrait will be emphasised by a stark white wall in a modern interior.” Here, a large painting by Lionel Smit makes an exciting contrast in this Georgian-style home decorated by Robin Widdop. **CH**

SOURCES David Muirhead & Associates davidmuirhead.com Lionel Smit lionelsmit.co.za Manuêlo Candido Interiors candido.co.za Natalie Bulwer Interiors nataliebulwer.co.za Picture Hanging Services picturehanging.co.za Robin Widdop Interiors robinwiddopinteriors.co.za StateoftheArt stateoftheart-gallery.com



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8 Dress mirror* 40 x 150cm **R1200**; 9 Bamboo ladder 7 x 60 x 180 mm **R390**; 10 Cotton throw 150 x 200 mm **R230 EA**; 11 Geneva Corner Unit* **R14 990**;
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INSPIRING BEFORE AND AFTER

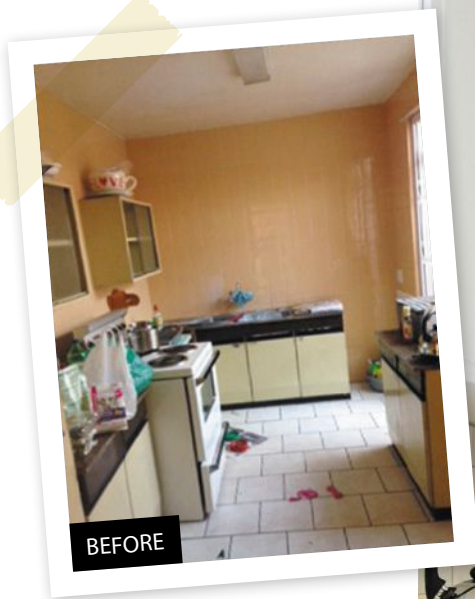
To make a feature of the extended counter, it was clad in wood from a reclaimed pallet, which Michelle and Matt sanded and waxed before installing. They chose practical yet effective wood-look floor tiles from Tile Africa.

Challenge **ACCEPTED**

These Jo'burg DIY enthusiasts transformed a cramped, dark kitchen into a bright and cheerful space perfect for entertaining

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“OUR KITCHEN WAS dated, dark and felt depressing. The cupboards were an awful colour with brown countertops, and the wall tiles were orange,” recall homeowners, Michelle and Matt Blew of Bryanston. They liked the idea of an open-plan kitchen and living area as it’s more social and the cook doesn’t feel excluded. Fortunately, they were willing to take on the planning and do some of the work themselves.

HOW THE SPACE WENT FROM DRAB TO FAB Inspired by a feature in *Garden and Home*, Michelle used this as the base for her design and colour scheme. The Blews decided on a simple layout with a wraparound counter and created a separate, concealed area for the sink, washing machine and dishwasher.

Once they had confirmation from structural engineers L&S Consulting that the wall between the kitchen and living room was not load bearing, they enlisted a builder to knock it down and remove the old kitchen cabinets. The builder also bricked up the original entrance to the kitchen to provide space for the stove and shelving.

To keep costs down, the Blews sourced all the materials themselves, project managed the renovation and used individual contractors. They used their DIY skills to install the floating shelves above the oven,



and clad the base of the extended counter with salvaged pallet wood. This feature was a must for Michelle as she wanted a spot where guests could gather.

NOW THE KITCHEN is light, open and much more social. “We’re very proud of our kitchen. We love cooking and entertaining here,” they say. **GH**

ABOVE: The cabinets and handles from Timbercity are simple and elegant. For the splashback, they chose white metro tiles from Tile Africa, which add a trendy element.

THEIR TIPS:


- Source materials yourself to avoid hidden costs.
- Measure twice!
- When knocking down walls, seal interleading doors, windows and air vents to prevent dust spreading.
- Problems are inevitable in a renovation; don’t panic, adapt your plan accordingly.

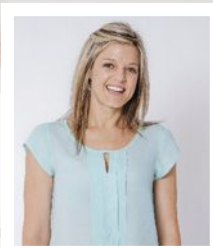
SOURCES L&S Consulting lsgauteng.co.za
Tile Africa tileafrica.co.za **Timbercity** timbercity.co.za

HOME PROJECT

This month's **GOOD IDEA...**

TURN AN EXISTING PIECE INTO A BATHROOM VANITY

Decorator Zania Grobbelaar of Dear Zania Interiors, who designed this bathroom, says chests of drawers and console tables make great vanities. "As you'll be using the unit every day, make sure it's stable and a comfortable size. If there's space, you can set the basins into the unit. Often it's more practical to place them on the surface," she explains. "The piece should be a focal point, so you can get creative and give an old piece an interesting paint technique and new handles. If you're not covering the surface with a material like granite or marble, seal the top and where it meets the wall so it's waterproof. Ask a plumber to connect the plumbing points and advise you on your choice of taps and basins," she adds. 



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THE GREEN ROOM

Make a **SPLASH**

Enjoy a refreshing holiday feel
with an outdoor shower

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ARE SUBJECT TO AVAILABILITY AND PRICES WERE CHECKED AT TIME OF GOING TO PRINT. SEE PAGE 6.

EXPERT ADVICE

Katekani Baloyi, showroom manager of Italtile, The Glen, has the following tips for an outdoor shower

- The floor should slope slightly towards a drain. Check it regularly as leaves and soil can create blockages.
- Consider an exposed shower column. They look good outdoors and you can fit them yourself.
- For something unique, opt for a section of stone cladding behind the shower column. It comes in an easy-to-install tile format.
- Clean calcium build-up on the shower head regularly. Use vinegar to remove resistant dirt. **GH**



1. Bask shower caddy, R359, Superbalist.com **2.** Bamboo fencing, from R199,99, Lifestyle Home Garden. **3.** Oval back brush, R39,99, Mr Price Home. **4.** Print beach towel, R250, Woolworths. **5.** Bella showerhead, R1 399, Italtile. **6.** Green olive body wash, R79,90 for 300ml, Beauty Factory. **7.** Print Frill Cut Out swimsuit, R399, Woolworths. **8.** Wire ring ant brass baskets, from R799, La Grange Interiors. **9.** Large round cement planter, R495, Weylandts. **10.** Square wooden planter with insert, R1 995, Weylandts.

SOURCES Beauty Factory beautyfactory.co.za Italtile Italtile.co.za La Grange Interiors lagrangeinteriors.co.za Lifestyle Home Garden lifestyle.co.za Mr Price Home mrphome.co.za Superbalist superbalist.com Weylandts weylandts.co.za Woolworths woolworths.co.za

IRENE GARDEN

High Cloud

The Van der Byls' tranquil Irene garden is the result of an inherited love of the environment and a passion for gardening

THIS SPREAD: One of two large ponds on the property, both home to two pairs of swans.

TEXT: LYNNE YATES AND LOREN SHIRLEY-CARR PHOTOGRAPHS: LOREN SHIRLEY-CARR



Who lives here

Michelle and Adrian van der Byl, their children, Alexander, Jonty, Ramon, Lauren and Luca and four dogs, Dominus, Isabella, Keira and Lucy.

The garden

A wooded, park-like garden with curving beds, ponds, fascinating follies and water features set in the dappled shade of myriad trees. ▷



Beautifying the environment is a passion that's been passed down from generation to generation of Van der Byls. Way before environmentally-friendly and sustainability became buzzwords, Johannes Albertus van der Byl, who bought Irene Estate in 1896, planted hundreds of trees, a tradition that his great-grandson still practises today in the garden he shares with his wife, Michelle, and in the wider community.

Michelle and Adrian have lived here for 20 years, since inheriting the property from Adrian's parents. "Such is our passion for gardening that we started working on the garden even before we renovated the house," says Michelle, whose energy and enthusiasm has resulted, paradoxically, in a quiet parkland where the silence is broken only by the sound of birdsong and the movement of trees.

While they carried out some minor renovations to the house, they changed the garden dramatically, adding dams, water features and planting over 230 trees. "Adrian is passionate about

THIS PAGE, CLOCKWISE FROM ABOVE LEFT: ● Planted under large trees are shade-loving columbine, campanula, verbascum and arums. ● The lawn around the circular bed filled with begonias is intentionally left untrimmed to blend naturally with the plants. ● Shirley poppies grow among old-fashioned red roses, including 'Garden Queen', 'Roberto Capucci' and 'Thula'.



trees. He's also planted many on the edge of the adjacent Irene Country Club golf course. We kept the original packed stone walls, but added several new stone features, such as follies, pergolas, walls and arches using natural Irene stone – chert – to keep it authentic,” she says.

The use of this local stone means that the garden blends gently with the house; its terracotta roof, wooden windows and blue shutters give it a country appeal. The curving borders sweep away from the house towards the ponds, paddocks and golf course. The grass is mowed in undulating lines and left longer at the fringes of beds to accentuate the flowering plants and trees, including a 70-year-old oak and a large camphor tree, along with other trees such as rhus, Japanese maples and a huge magnolia. “I love the shape of all the deciduous trees when the sun filters through them in winter.” ▷



THIS PAGE, CLOCKWISE FROM TOP LEFT: ● The Angel Rose Garden is dedicated to a special friend of Michelle's. ● Michelle van der Byl and gardener Cosnet Tshaidi. ● A large urn anchors a bed that includes columbines and poppies. ● Spires of campanula mix with 'Iceberg', 'Pearl of Bedfordview' and 'My Granny' roses in a bed alongside the driveway. ● The pond with a stone bridge forms part of the Garden of Remembrance.



The borders are edged with lamium, impatiens, begonias and lamb's ear and filled with perennials and shrubs like agapanthus, campanula, verbascum, alstroemeria, cannas and oak-leaved hydrangeas. Among these beds are formal elements such as a parterre with a sundial, and large statues, which form a contrast to the relaxed plantings. Benches and sitting areas offer welcome places to enjoy the landscape.

In every corner, Michelle's touch is evident. "I really only started gardening when I got married," she explains. "I was inspired by my mother, Gaynor, who was an avid gardener, and my passion grew from there. It's like a kind of obsession; it grabs you and you forget about everything else," she jokes. "But more seriously, when creating a garden, you have to have passion and sensitivity." Michelle's other inspiration is her dear friend, camellia expert Jan van Bergen, whose greatest advice was: "Don't look down at the weeds, Michelle, look up at the bigger picture".

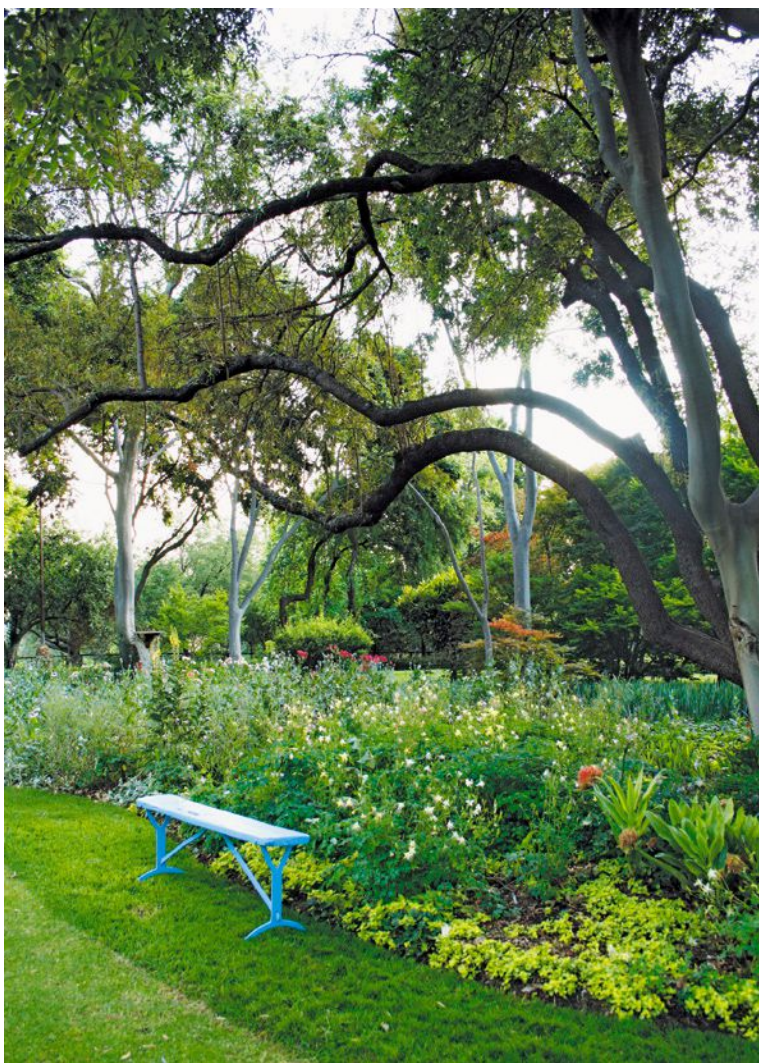
And so, with the help of two gardeners, Cosnet Tshaidi and Overton Banda, Michelle has created many areas that have special meaning, particularly the cameo gardens, including the Garden of Remembrance and the Angel Rose Garden, both dedicated to special friends. The towering blue gums in the

Garden of Remembrance were planted 80 years ago and have been kept for historic reasons. They form a backdrop to the statue, Rape of the Sabine, which, although huge, is dwarfed by the blue gums.

But her favourite place is the compost heap tucked away behind the rose garden. Overlooked by a raised veranda offering sweeping vistas in every direction, the rich, peaty compost area is surrounded by Roman-style arches and stone walls spilling over with wild jasmine. "Watching the plants slowly turn into compost that enriches the garden is like a story unfolding," she says.

The garden is the perfect playground for Michelle and Adrian's children and grandchild who use it for cricket, soccer and other outdoor games. Fencing around the dams keeps the children safe, with the added advantage of creating havens for the many wild birds like guinea fowl, ducks, kingfishers, cormorants, owls and even eagles that visit the garden, as well as the two pairs of resident swans.

The Van der Byls' fervour for gardening spills over into their surroundings and many trees in the area were planted by Adrian. "Gardening is a passion that rubs off on other people. Your excitement becomes their excitement," says Michelle. **GH**



THIS SPREAD, CLOCKWISE FROM FAR LEFT: ● Apart from the two pairs of swans, the pond in the Garden of Remembrance is also home to ducks, kingfishers, cormorants and eagles. ● Purple campanula and white 'Iceberg' roses provide a foreground to the folly. ● A bench in the shade of a stinkwood is the perfect place to rest for a moment and take in the magnificent surroundings. ● Yellow verbascum and blue agapanthus create a bright summer display. ● Roman-style stone arches in this section add to the established look of the garden.

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HIGH society

1

Placed correctly, trees take garden design to new heights. Here are 10 tips to make the most of them



2

Trees form an integral part of any garden, and choosing the right species for the size and design of your garden is essential. Trees are a long-term investment whether it's a single specimen or a grouping. Chosen with care and planted correctly, over time they'll improve both the appearance and value of your property.

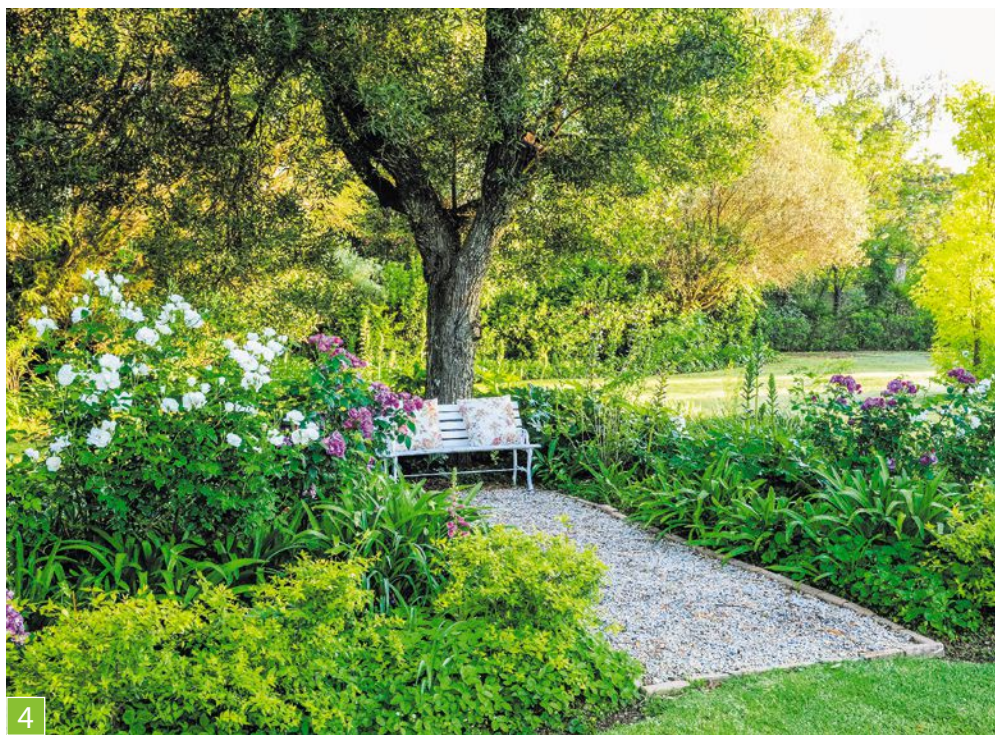
Carefully consider what attributes you're looking for before selecting the species. Are you wanting a shady spot for a bench or table, or a tree to shield you from stormy winds, for privacy, or simply to add colour and texture? Here are some examples to help you make up your mind.

1 BALANCED VIEW

Planted in the right spot, a tree can create a harmonious composition. When putting the different elements together, bear in mind that a specimen tree planted slightly off centre will draw the eye gently through the landscape.

2 PATH TO HAPPINESS

A tree-lined pathway is the perfect way to guide you from one garden room to another, keeping the destination secret until the very last moment. Here, purple-leaved plums (*Prunus cerasifera*) offer dramatic foliage and graceful lines.



3 TREE DWELLERS

Trees create their own microclimates, providing shelter and a growing medium for a host of other plants. Epiphytes in particular rely on trees for a comfy home. It's a misconception that they only thrive in subtropical climates. While many bromeliads and orchids are frost tender, there are those that tolerate colder climes.

4 TAKE A SEAT

Few things are more pleasant than relaxing under the shade of a tall tree. It's a good idea to level the ground where you plan to position your bench. This

is particularly pertinent if you're adding a table. Don't pave over the tree's root zone, rather use loose, but firmly placed flagstones, gravel or paving. Landscaper: Malcolm Sinclair.

5 KEEPING IN TRIM

Carefully clipped trees and topiaries are perfect for small gardens that can't accommodate large specimens and a formal setting. Plant an evergreen variety like these variegated ligustrum in groups of four or more. They need regular clipping to keep their compact shape, but the extra effort is well worth it.

6 NATURAL BEAUTY

A grouping of trees is gentle on the eye and ideal for an informal garden. A cluster of trees is more effective than a single specimen. Check the mature size of your intended subjects before planting, and space them so that the trees can fulfil their natural shape and size, but close enough to give the impression of a mini forest. Landscaper: Karen Gardelli ▷



7



8

7 ARTISTIC MOMENTS

For those who enjoy bringing art into their gardens, trees make the ideal platform. Use them as a frame, a stand, or even incorporate them into the art piece. Keep in mind though, that as long as the tree is alive, it will continue to grow, so you may need to adjust the placement of your sculpture every few years. Sculptor: Malcolm Solomon.

8 WELCOME HOME

Few things are as welcoming as a tree-lined driveway. A tradition dating back to Roman times, avenues were initially planted to protect roads from wind and adverse weather, but they also make an impressive entrance. Here *Ginkgo bilobas* underplanted with star jasmine line a panhandle. Landscaper: Elizabeth Steyn.




9

9 FAIR AND SQUARE

Many trees, like these silver birches, lend themselves to formal planting. When doing something similar in your own garden, remember that the devil is in the detail. Make sure that you measure everything carefully and that each tree is spaced equidistantly.

10 QUIET TIME

Trees are an excellent way to cut out traffic noise, provide privacy and screen unsightly areas. Choose spreading, evergreen species like these *Pittosporum tenuifolium* 'Nigricans' and plant them closely together. Check with your nurseryman that your desired subjects don't have an invasive root system that will lift paving or push over walls. 



10

GROWING TIPS

"Your trees are going to be part of the landscape for many years to come so it's important to give them the very best start," says arborist Julian Ortlepp of Tree Works.

- Dig a large, square hole two to three times the width and depth of the planter bag.
- Mix the soil that has been removed with a generous amount of compost, bonemeal and fertiliser.
- Return some of this mix to the hole to the depth of the bag.
- Peel off the bag without disturbing the roots and pop the tree in the hole.
- Check that the trunk is straight when you position it. In windy areas, a stake for the first few years is a good idea.
- Backfill with the soil mix to the same level as it was in the container.
- Firm down the soil and create a moat around the tree.
- Water well, repeating weekly until it's properly established.
- Put a thick layer of mulch around the base of the tree.

SOURCES

Karen Gardelli 082 745 2891 **Elizabeth Steyn** elizabeth@elizabethsteyngardens.co.za
Malcolm Sinclair 083 674 8713 **Malcolm Solomon** malcolmsolomon.com **Tree Works** treeworks.co.za

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Perfect partnership

A trained horticulturist and a retired businessman combined forces to turn this garden into a visual delight

Visitors to Franschhoek's annual open gardens were amazed when they discovered that Pat and Glynda Jacobs's garden was just a year old. The gardens change from year to year, and theirs was chosen to inspire gardeners and show what can be achieved in a short time.

The Jacobs have spent their entire married life living in places like Kimberley, Gaborone and Windhoek. Despite the incredibly harsh conditions

in these areas, Glynda always strived to make a garden. "Franschhoek, by comparison, is a gardener's paradise, where everything grows with little encouragement and the choice of plants is endless," she says.

Pat is now the passionate gardener in the family, but Glynda has also played a major role in establishing their garden. As a trained horticulturist, she drew up the plans to scale and had a hand in implementing them. ▸



Who lives here

Pat Jacobs, a retired businessman, and his wife, Glynda, who runs a self-catering business, and their wire-haired fox terrier, Morris.

The garden

A well-structured garden in Franschhoek with an English-style border in the front and a more formal terraced back garden with swathes of 'Iceberg' roses and trimmed buxus hedges.



THIS SPREAD, CLOCKWISE FROM ABOVE LEFT: ● At the back of the house, the design is enhanced by white terrace walls, classical urns and an elegant Lutyens-style bench from Plaisir du Jardin. Straight lines and the repetition of the planting establish a sense of space. "We also kept the planting material quite simple and didn't introduce too many different species," says Glynda. ● The inspiration for this part of the garden was a garden in the Hamptons, north of New York, Glynda had seen in a magazine. The large urns near the pool are from Peppino Cement. ● Glynda loves 'Iceberg' roses and used them to create a restful feel.



THIS PAGE, CLOCKWISE FROM LEFT: ● “I love the organised beauty of this bed and tried to choose plants that flower at different times of the year so there’s always something of interest,” says Glynda. ● Glynda also loves unusual plants like hellebores, which thrive in the shady, moist position on the far side of the garden. The same pavers from SmartStone were used throughout the garden for consistency and flow. ● ‘Dawn Sensation’ roses define the edge of the path near the front door and a buxus hedge echoes the shape of the house. Large pots from StoneCast were planted with slim cypress trees to add a vertical element to the front of the house.

After demolishing the existing wooden house on the property, work on their new house began in June 2014. At the same time, they started preparing the garden, working from the back of the house towards the road. This involved refining the contours of the sloping property to create terraces, building retaining walls, laying paving and putting in other hard landscaping.

All the beds and borders were then trenched to a depth of one metre. They discovered that the entire plot resembled a riverbed with rocks everywhere and very little soil, so they brought in a mix of soil (70%) and compost (30%), which, with local horse manure, was incorporated into the areas being cultivated.

Although the shape and position of the house influenced Glynda’s design, it was also inspired by Australian landscaper Paul Bangay. “I used quite a few of his ideas in our garden,” she explains, adding that Pat loves the neatness and conformity of

the formal gardens Bangay is known for. The idea for the pool area, however, came from a garden in the Hamptons, north of New York, featured in a local magazine. “It was also my inspiration for the whole garden as I love white and green, which are complemented by the blue of agapanthus, lavender and plectranthus.”

By November 2015, planting started according to the plant list Glynda had drawn up. “The Italian horticulturist I worked for in Kimberley taught me the value of good soil preparation. It’ll save you a fortune in the long run, so before you plant anything in your garden, prepare the soil with organic matter.

“He told me that ‘gardening is common sense’. And it is,” says Glynda, explaining that she began by looking around Franschhoek and choosing plants that did well there. She then selected those that would suit the position where they were to be grown. “If a plant doesn’t do well in your area, don’t bother to plant it,” she adds.





THIS PAGE, LEFT TO RIGHT:

- *Euphorbia* 'Diamond Frost' forms a frothy groundcover under standard 'Iceberg' roses.
- A chequered pathway of pavers and mondo grass leads to the back garden, which was terraced. The design is echoed by the metal trellis, made by Etienne le Grange from The Kelim and Décor Shop, for quick-growing *Jasmine trachelospermum*. The buxus balls grown between the paving were Karen du Plessis's idea.

They stuck to the plant list, although they did ask Karen du Plessis of In-and-Outdoor-Gardens, a local landscaper, to tweak the plan and also to mediate when they couldn't agree on some aspects.

Fortunately, the Jacobses were able to buy plants from wholesale nurseries, which are bigger and often more mature than those available commercially.

Among the biggest were buxus, used for hedging, and raphiolepis, which are quite slow growing, as well as the Cape holly (*Ilex mitis*) trees and *Viburnum tinus* 'Lucidum'. These helped give the garden an established look straight away.

"Pat and I have swapped roles," says Glynda. "I have a self-catering business, which keeps me busy, and Pat loves spending time in the garden. He even enjoys the physical part, working with



PAT AND GLYNDA'S GARDENING TIPS

- Make sure that the position of each plant suits its needs.
- We mulch with bark or peach pips, which helps to keep the soil moist during the long dry summer months.
- We also put a few handfuls of bonemeal in each hole before planting.
- Feeding is an ongoing business, four times in the year, in spring, late spring, midsummer and autumn. We use organic pellets as well as Vigorosa on the roses, and we swear by Epsom salts. It contains magnesium sulphate and plants just love it.
- At the end of winter, what's left of the mulch is dug into the soil and replaced with fresh mulch.

soil as well as the challenges that the garden constantly throws at him." She adds that credit must also go to him for the preparation and feeding of the garden on a regular basis, while green-fingered gardener, Shoes Tondoto, takes great pride in the garden that he's helped to create.

"Pat is responsible for the wonderful results of the garden," says Glynda. "His enthusiasm is the reason that the garden is in the perfect condition that it is. And Pat's response? "The success of a garden is what lies beneath. What you see is a result of good healthy soil!" he says. GH

SOURCES In-and-Outdoor-Gardens 083 658 4762 Peppino Cement peppino.co.za Plaisir du Jardin 021 794 4449 SmartStone 021 873 5482 StoneCast stonecast.co.za The Kelim and Décor Shop 021 863 1944

Going FORWARD

Be inspired by the latest ideas and thoughts shaping the garden world this year



△ OUTDOOR COMFORT

Firepits continue to be a trend thanks to our climate and desire to enjoy gardens more. “Having a place where you can sit outside with friends gives you a reason to venture out into the garden,” says Felicity Teixeira of Blue Petal Garden Design, who designed this outdoor area. For avid entertainers, it’s the perfect extension of home entertaining, and teenagers often like having a space of their own to hang out in.

A firepit of about a metre in diameter with at least a metre of space between it and the seating is ideal for comfort and safety. When designing the seating, Felicity recommends a height of 40cm, a depth of 50cm and an angled backrest. This gives space for a cushion to sit on and one to support your back.



△ SENSATIONAL EXPERIENCE

Plants are being bred for a softer, more romantic appearance and the ability to stimulate all five senses. Try the recently released swan river daisy, *Brachyscome multifida* ‘Radiant Magenta’, it’s indigenous, drought tolerant and perfect for romantic, cottage-style gardens, *Agapanthus* ‘Buccaneer’ (top), a deep-blue, repeat-flowering agapanthus and *Lavandula* ‘Anouk White’ (above), as well as poppies, alstroemeria and fragrant roses.

TEXT LOREN SHIRLEY-CARR PHOTOGRAPHS
LOREN SHIRLEY-CARR, LYNNE YATES,
SALLY CHANCE AND SUPPLIED



△ GROW FOR THE TABLE

There's nothing better than a salad from your own garden says landscaper Jan Blok. Start by replacing ornamental varieties with edible ones, for example, a plum tree will give shade, fruit and blossoms. "Go back to old-fashioned basics: use home-made compost rather than fertiliser, and instead of pesticides, interplant beds with plants like marigolds. Mulch to reduce weeds and the need for frequent watering, and when adding structure, natural products such as timber, stone, gravel and bark look more inviting." Garden: The Werf Food Garden, Boschendal.

◁ INDOOR LIVING

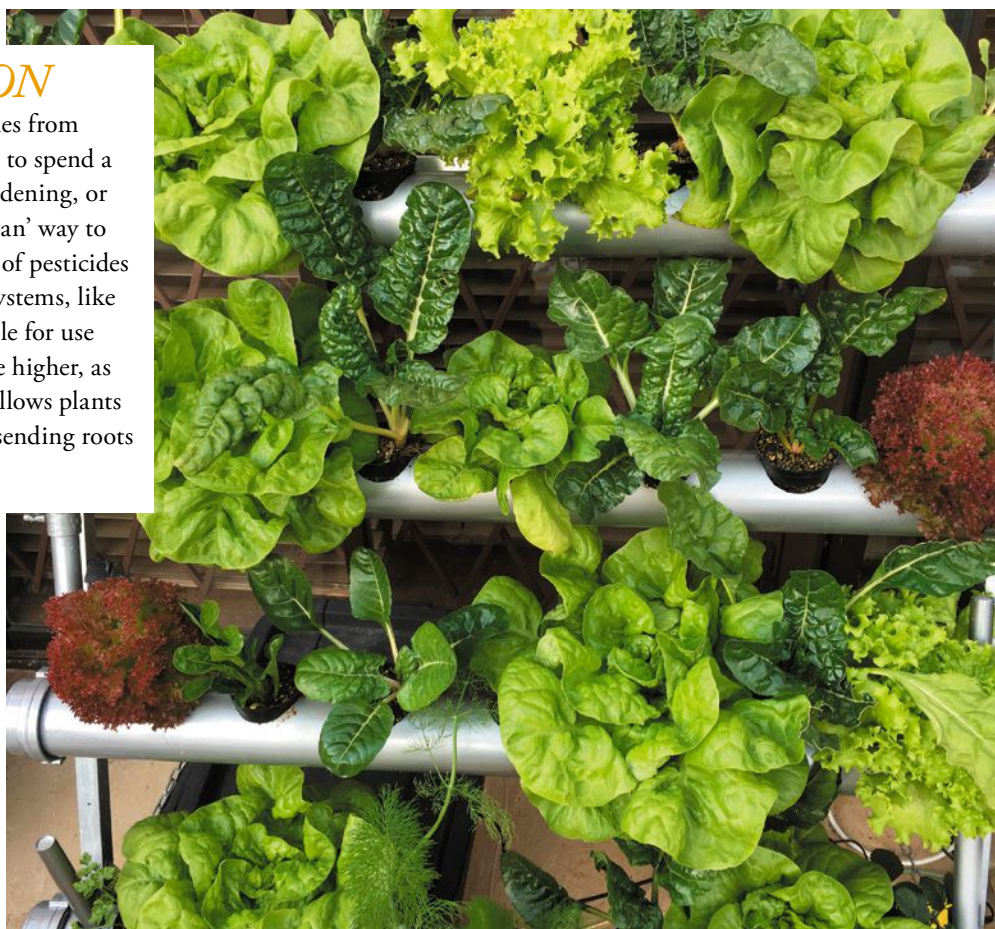
Lush greenery and retro-style indoor plants are making a comeback. Bringing the outdoors in, is in line with the major health and wellness trend sweeping the globe. Fiddle leaf figs (*Ficus lyrata*) (left) are fashionable right now, as are air plants, terrariums and bromeliads, which have striking foliage shapes and colours.

The trend extends to indoor food gardening with windowsill herbs and indoor hydroponic gardens. Decor: Lisa Walters Interiors. ▷



▷ FRESH INSPIRATION

While we want to know where our food comes from and its environmental impact, we don't want to spend a fortune on organic produce. Hydroponic gardening, or soil-less gardening, is a cost-effective and 'clean' way to grow veggies in small spaces without the use of pesticides and too much water. Compact hydroponic systems, like this one from Hydro Veggie, are now available for use indoors or in the garden. Yields are said to be higher, as the nutrient-rich, oxygenated solution used allows plants to focus their energy on growth rather than sending roots out in search of water, nutrients and oxygen.



△ SIMPLE IS BEST

Marie Kondo's book *The Life-Changing Magic of Tidying Up* inspired global decluttering and simplifying. Wayne Stewart, marketing director at Eckards Garden Pavilion, says that this extends to your garden by "only keeping what you need or love, and what loves your garden. Less clutter and easy-to-grow plants are two aspects, which makes sense as we move to smaller homes and deal with water restrictions," he says.

Remove some of the plants you don't like and add more of the plants that you do and that grow well in your garden. "Bold groupings in similar colours of the same plant adds calmness and is also an opportunity to rezone your garden with water use in mind," says Wayne.

▷ WATER IT DOWN

"Worldwide there's been a concerted effort towards better landscape and gardening practices. On my world travels I noticed an increasing use of wild (local) plant material," says horticulturalist Keith Kirsten.

Landscapers and gardeners are reducing the amount of paving and lawns replacing them with food gardens or natural areas. Water, especially in hot climates, plays an important role when choosing plants. Landscapers and gardeners are using more indigenous plants, which take less work, require less water and thrive better because they're already suited to the environment.

Xeriscaping – gardening in a way that reduces the need for watering – is also growing in popularity. It incorporates a wide range of drought-tolerant plants, including succulents, grasses and cacti. **GH**

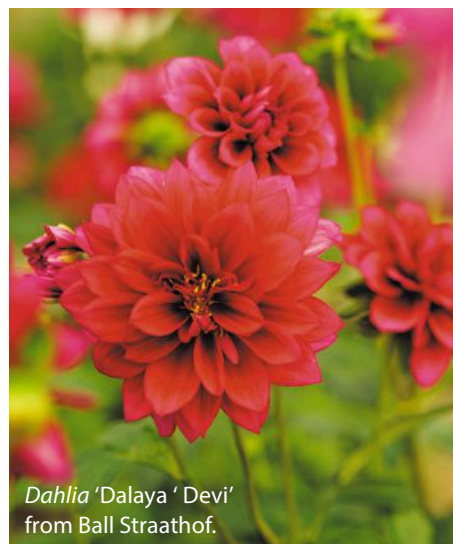


SOURCES Blok Designs 082 455 4451 Blue Petal Garden Design 072 380 3033 Boschendal boschendal.com Eckards Garden Pavilion 011 453 8573 Hydro Veggie 011 887 4682 Keith Kirsten keithkirsten.com Lisa Walters Interiors 083 703 1199

*Crocasmia
paniculata*

Late Bloomers

These reliable favourites will keep your garden looking wonderful right into autumn

*Dahlia 'Dalaya 'Devi'
from Ball Straathof.*

CROCOSMIA

There are nine species of crocosmia most of which are native to South Africa. Also known as falling stars or montbretia, they form clumps of attractive sword-shaped leaves and long-lasting flowers. The seeds attract birds. In the vase, their bright orange, showy blooms have a subtle scent that increases as they dry.

Most are easy to grow and thrive in humus-rich soil, but they don't enjoy hot, dry places. Plant in large groups in full sun or light shade, and leave undisturbed. When they become overcrowded, lift and divide in late winter. Replant corms about 4cm deep and 20cm apart. Crocosmias have few pest or disease problems and require no special maintenance.

DAHLIAS

A favourite with old and new gardeners alike, dahlias have gained popularity thanks to their endless variety of striking blooms and the ease with which they grow. If planted in late spring, they flower from midsummer until the first frost strikes.

Their flowers, which come in every colour except clear blue, range from miniatures to giants the size of dinner plates. Low-growing types make easy-going bedding plants, while larger varieties are ideal in mixed borders where their varying colours and heights can be used to great effect.

Dahlias like bright sunshine, but will perform reasonably in light shade if they receive at least four hours of direct sunlight a day. The more sun they get, the sturdier the plants. ▸

Late summer is a magical time in the garden – the heat is starting to wane and many plants are preparing for the long winter ahead. These stalwarts are just coming into their own and will add colour in the next few months.

Zinnias



ZINNIAS

The easiest of plants, zinnias grow quickly and bloom profusely, giving a massive burst of colour from mid to late summer. They are said to symbolise the thoughts of absent friends, possibly because their blooms bring a nostalgic smile to your face. Grown from seed or seedlings, these annuals have a huge colour range.

Sizes vary from dwarf varieties of less than 15cm in height, to almost a metre tall. Use them in a mixed border, while the smaller hybrids are ideal for edging and window boxes.

They need a sunny position, but aren't fussy about their soil. The powdery mildew that zinnias are susceptible to in humid climates is less common in recently developed varieties. Deadhead frequently to prolong flowering.

Pentas lanceolata



PENTAS LANCEOLATA

Native to East Africa, this fast-growing, small herbaceous shrub flowers non-stop throughout the warmer months, and in frost-free areas, is almost never without a few blooms. A butterfly magnet, pentas comes in a profusion of colours, generally pink, red or white, but new cultivars have purple and lavender flowers.

Plant in full sun or semi-shade, and they aren't fussy about soil type, as long as it drains well. They also do well in containers. Prune lightly at the end of winter to keep them neat and bushy. While they won't withstand severe frost, they'll tolerate a fair amount of drought, once established.

Like most plants that grow quickly and flower all the time, pentas don't last for more than 3–4 years before they lose vigour and need to be replaced.

JUSTICIA BRANDEGEANA

The shrimp plant is an elegant, evergreen shrub with a rounded, somewhat sprawling habit. They aren't as popular as they used to be, which is a pity, because with very little attention, they bring colour and interest to mixed perennial beds and borders for most of the year.

Justicia brandegeana



They are happy in both full sun and semi-shade, but the flower bracts can bleach out in the blazing sun, so some afternoon shade is appreciated. Prune annually to maintain a neat appearance.

They are very happy in pots, preferring fertile, well-drained soil. They can be affected by severe frost, but usually recover quickly once things warm up.



Hypoestes aristata

HYPOESTES ARISTATA

The indigenous ribbon bush is a fast-growing shrub with soft, dark green leaves, adorned with pretty pink, mauve or white flowers from late summer right through winter into early spring. Its sweet nectar is irresistible to butterflies and other insects, which in turn attract insectivorous birds. It's useful as a backdrop in a herbaceous border or as a filler.

It does well in full sun, but it's the ability to thrive in those difficult, dry, shaded areas that makes it a huge boon. During spring and summer it has a neat, compact shape which makes it a good choice for containers and small gardens; it's hardy to moderate frost.

PENSTEMON

Penstemons produce masses of delightful blooms all through summer into autumn. Breeders have been busy hybridising them



Penstemon

and consequently there's a diverse range of colours, from white through to violet, and sizes from 20cm up to 1m high.

It would be difficult to find a more resilient plant – snails snub them, they stand up to drought and rain, and they are happy in both sun and light shade. Purchase plants in summer while in bloom to ensure you get the colour you want.

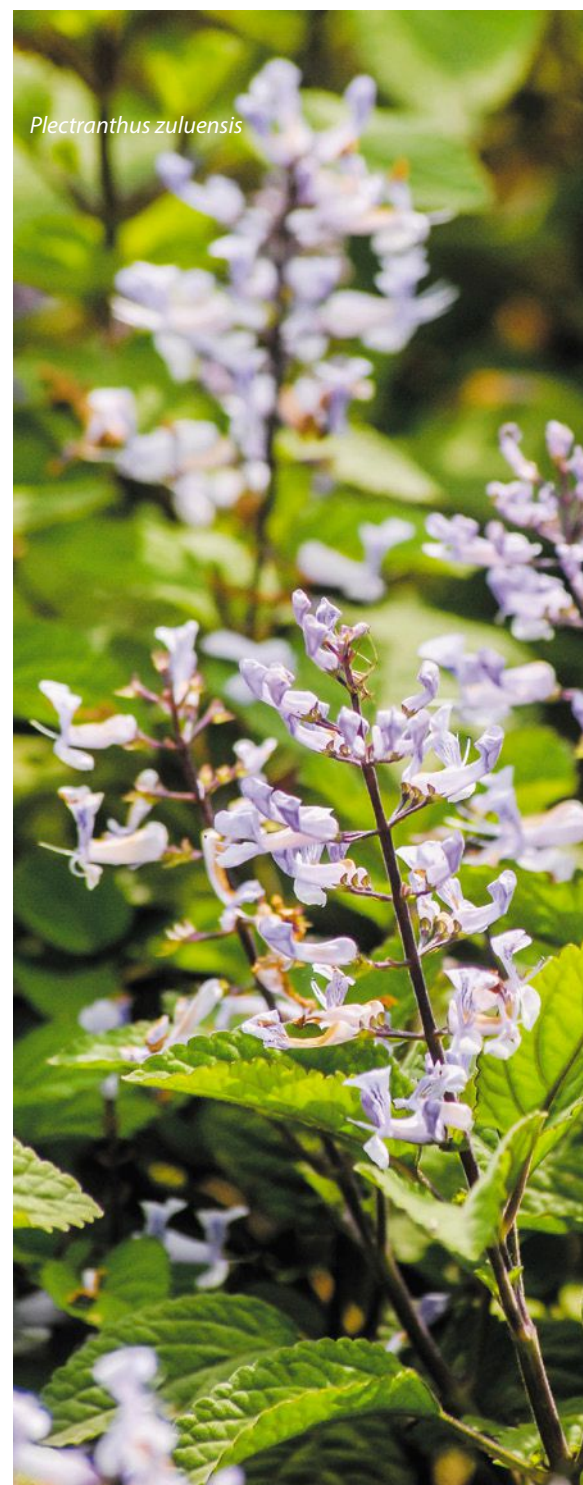
Water them regularly during the first season. Leave the plants alone in autumn, and cut back in late winter once new shoots have appeared.

PLECTRANTHUS

A member of the mint family, there are 44 indigenous species, many of which thrive in suburban gardens. Local species are some of the showiest, providing a colourful display in late summer and autumn. Their colours range from pink and purple to blue and white, with many shades in-between.

They enjoy well-composted soil and as a rule thrive in cool, semi-shaded areas – ideally under trees.

They are shallow rooted and enjoy moisture, but also store water in their stems so they can cope with prolonged



Plectranthus zuluensis

periods of drought. Although frost sensitive, if they are grown in shady, protected places, this gives some protection. If hit by frost, cut them back at the end of winter and they should bounce back. 🌱

SOURCES Ball Straathof ballstraathof.co.za
For more information and to source these plants, visit **Bedding Plant Growers Association** lifeisagarden.co.za **Hadeco** hadeco.co.za (for dahlias) and for indigenous plants, **PlantZAfrica** plantzafrica.com

GARDEN *notes*

Stock up now on spring flowering bulbs before they're sold out

10 must-dos this month

Contributing garden editor Marianne Alexander's handy checklist of essential chores to do in March



1 Get ready for the cooler months by removing spent summer annuals and woody perennials at the end of the month. In warm areas, fill gaps with quick-growing annuals. If you plant according to the moon, sow seeds when the moon is waxing, during the first and second quarters when it's 'growing', and the nights are getting brighter.

2 In cooler parts, prepare the soil for winter and spring-flowering annuals and bulbs. Fork over to a depth of about 20cm, adding compost, a small handful of super phosphate, a sprinkle of hoof and horn (for the slow release of nitrogen), and bonemeal.

3 Feed winter-flowering plants that are developing buds. These include chrysanthemums, hellebores and violets as well as succulents and aloes, and shrubs like yellow flax, *Reinwardtia indica*, Japanese quince, poinsettias, tea bushes and indigenous misty plume bush (*Tetradenia riparia*).

4 For cost-effective colourful beds, broadcast seed of quick and easy-to-grow annuals in situ. Try indigenous sun-loving Namaqualand daisy (*Dimorphotheca sinuate*), dwarf felicia (*Felicia dubia*), kingfisher daisy (*Felicia amelloides*), wild cineraria (*Senecio elegans*) and *Ursinia* spp. Or get a meadow look with *linaria*, Virginia stocks, linum, flax, Californian poppies, love-in-a-mist (*Nigella damascena*) and forget-me-nots.

5 Harvest seeds from summer annuals like Queen Anne's lace, cosmos, cleome and sunflowers as well as indigenous forget-me-nots (*Anchusa capensis*), wild foxglove (*Ceratotheca triloba*) and herbs like dill, basil and fennel. Dry in a cool dry spot and store in labelled paper bags or envelopes.

6 Sow sweet peas in situ from mid-March; in frosty areas wait until May or June to prevent frost damage. Soak seeds overnight in warm water to hasten germination. Plant 15–20cm apart. Tip: When sweet peas start climbing provide fine twigs, string or wire mesh netting for their thin tendrils to twirl around until they reach their support, which should be at least 2m high.

7 This is the time to trim fast-growing trees as regrowth will be slower. Trim those bougainvilleas that have finished flowering, cutting off the twiggy growth. Feed with 2:3:4 or 3:1:5. Cut back midsummer bloomers like bottle brushes, the blue Oxford and Cambridge bush, lochroma and the pink, summer-flowering may (*Spirea japonica* 'Anthony Waterer'), and shrubs like Chinese lanterns and *Solanum rantonnetii*.

8 Enjoy the last flush of rose blooms. In cold areas, give them a last feed with a high-potash fertiliser like 3:1:5. 2:3:4 to strengthen them for winter. Deadhead, removing just the spent flowers so the leaves can continue to build up reserves. Maintain your spraying programme, especially for rust, in the Western Cape.

9 Water lawns weekly and deeply if insufficient rain has fallen provided there are no water restrictions.

10 Sprinkle Epsom salts (magnesium sulphate) around the root zone of acid-loving plants with yellowing leaves like azaleas, gardenias, brunfelsia and *Mackaya bella*. Follow up with iron chelate then mulch.

GET MORE
ONLINE

For tips on how to propagate herbs from slips, visit gardenandhome.co.za



THE VEGGIE GARDEN

● **Start planting winter soup vegetables** like carrots, turnips, leeks and celery as well as parsnips. The seed must be fresh, so check the expiry date on the packets.

● **Make small plantings of** broccoli, cauliflower, cabbage and Brussels sprouts as well as kohlrabi (pictured above) for winter. Keep an eye open for different types of kale.

● **Sow a few rows of** beetroot, carrot and radish; thin out seedlings so there's sufficient space for each one to develop fully; aim for an ultimate space of 3cm.

● **Grow** lettuce, baby spinach, rocket and Asian (oriental) vegetables like pak choi, mizuna and mibuna from seed, or buy seedlings.

● **Feed lemon trees and other citrus** with 3:1:5 and Epsom salts (magnesium sulphate).

● **In hot, summer-rainfall and subtropical areas** plant seedlings of peppers, cucumber, aubergine, tomato, beans and marrows as well as cool-season vegetables.

MAKING FACES

Rudbeckia Toto 'Rustic' is a dwarf, 20–25cm, short-lived, clump-forming perennial with two-tone chocolate/burgundy and yellow flowers that attract bees and butterflies. Ideal for drought-stressed gardens, it does well in full sun to partial shade in well-drained soil. Deadhead regularly and don't overwater. For more information, visit Ball Straathof ballstraathof.co.za



ON TREND

Designed to lean against a wall, these washed wood potting shed shelves, R5 350, from Trade Secret are ideal for small spaces. trade-secret.co.za



This weekend



Propagate new strawberry plants from runners which have developing shoots

- Remove plants that are past their best, and those that are older than three or four years and lightly loosen compacted soil between any remaining.
- Prepare the soil, by digging in plenty of compost and old manure and some general fertiliser.
- Plant out well-rooted runners, adding a few cloves of garlic or garlic chives to enhance the strawberries' flavour.



We're planting

Gerbera hybrid 'Revolution'

Why: Similar to indigenous Barberton daisies, but 'on steroids', its large full blooms come in a range of bright colours: yellow-orange bicour, bicour rose shades, bright red with light eye, and a harvest mix of orange, yellow and bicours. Growing 40cm high, it's sturdy, short-stemmed and compact.

Where: In the garden or containers in full sun.

How: It needs well-drained soil.



THREE FIRST AID PLANTS

1 *Bulbine frutescens*

is a quick and easy-to-grow, drought-tolerant indigenous plant with attractive racemes of yellow or orange flowers. Use the sap in its succulent leaves to soothe pain and swelling from insect stings, and cracked lips and sunburn.

2 *Cotyledon orbiculata* (pigs' ears)

have large, flat, rounded leaves and pretty pendulous flowers which attract sunbirds. Use the fleshy part of the leaves to soften tough skin on your feet and to treat warts.

3 *Symphytum officinale* (comfrey)

has a fountain of big attractive leaves and tall flower spikes topped with drooping clusters of purple, blue or white flowers. Although grown as a compost activator, its leaves can be used in a poultice to relieve bruises and reduce the swelling from sprains. >





Showing off bulbs

- Plant early-flowering, indigenous babiana, sparaxis and ixijs. Early-flowering lachenalia make stunning pot plants.
- Slip a few freesia bulbs into a hanging basket so their fragrance can be better appreciated.
- Keep the bulbs of anemones, daffodils (top left), Dutch iris (top right), grape hyacinths and ranunculus, which prefer the cold, in a cool, dark place until night temperatures drop – usually after Easter.
- Extend the bulb season with tall wispy ixijs, jewel-like sparaxis (right) and tritonias, which flower later in spring, and chinchinchees which flower in October.



TOOLS EVERY GARDENER NEEDS

Wolf 2400W **mower** plus 750W **trimmer** combo, R3 199, Makro, makro.co.za

Raco two-handed **pruner**, R569,99, Lifestyle Home Garden, lifestyle.co.za

Raco Universal **snips**, R179,99, Lifestyle Home Garden, lifestyle.co.za



Wolf 45CC **chainsaw**, R1 899, Makro, makro.co.za



Gardena **gardening gloves**, from R89,95, stodels.com



WIN!

WIN!

For those chores like weeding and bathing your dog, which are hard on the knees, a KNEEPAL moulded kneeling cushion, R279, is the solution. Compact and waterproof, it's available in four colours, countrywide. For stockists, visit kneepal.co.za

We're giving away three. To enter, **SMS KNEELER**, your name and e-mail address to 48406. An SMS costs R1,50, errors will be billed and free SMSes don't apply. For full Ts&Cs, see page 127.

WHAT'S ON

18 – 19 MARCH Kirstenbosch Plant Fair

Highlighting the unique fragrance of the fynbos of the Cape Floral Kingdom, this fair features plants and garden equipment as well as fynbos-inspired arts and crafts. Open Saturday 09h00–16h00 and Sunday 09h00–14h00, corner Kirstenbosch Drive and Rhodes Drive, Newlands. Entrance is R20; children free. For more information, call 021 671 5468, e-mail plantfair@botsoc-kirstenbosch.org.za or visit botsoc-kirstenbosch.org.za/events/plant-fair

Lifestyle Garden Design Show

WHEN 11 February – end of May 2017

WHERE Lifestyle Home Garden, Beyers Naudé and Ysterhout Avenue, Randpark Ridge, Jo'burg



Inspired by current gardening trends, this year's 10 gardens reflect the connection between indoors and out. Described as concept gardens rather than stylised, they're designed to suit individual spaces such as patios, balconies and water-wise zoning and flow seamlessly into one another.

Don't miss out on our two sponsored gardens 'Shades of Green – and Everything in Between', a contemporary shade garden, and 'Fresh Outlook', a herbal balcony garden. Enjoy one of the many talks on subjects like organic gardening, using herbs around the home, bokashi composting and cooking.

For more information, call 011 792 5616 or Lifestyle College on 011 792 8244, or visit lifestyle.co.za **GH**

Controlling INTEREST

This year, make an effort to replace some of the alien plants in your garden with indigenous varieties

While they may look stunning and add wonderful colour, there are certain plants which unfortunately pose a threat to the surrounding areas. Do your bit for the environment and replace these troublesome plants with beautiful indigenous alternatives.

▷ LANTANA CAMARA (TICK-BERRY)

While they're undemanding and produce masses of colourful, domed flower heads, birds love their ripe glossy purplish-black fruits and disperse them far and wide where they clamber over shrubs and trees smothering them.



PLANT THESE INSTEAD



Indigenous alternatives include *Burchellia bubalina* (wild pomegranate), which, with its bright orange flowers, is the closest substitute for the red and orange lantana. *Baobinia galpinii* (Pride of de Kaap) has the same sprawling shape and size. But if you

prefer pink flowers, try *Ruttyruspolia* 'Phyllis van Heerden' and the pink butterfly bush *Clerodendron myricoides*. To create a pretty but prickly barrier with fruit that attract birds, *Carissa edulis* and the tortoise berry *Nylandia spinosa* are also ideal. ▷



◁ **TECOMA STANS (YELLOW BELLS)**

The sprays of bright yellow, trumpet-shaped flowers on this evergreen shrub or small, 4m-high tree, look spectacular in summer. But few are aware that it spreads very easily. When the long seed pods split open, the papery winged seeds fly away and germinate where they fall. They rapidly compete with and swamp natural indigenous species especially in summer-rainfall areas.

PLANT THESE INSTEAD

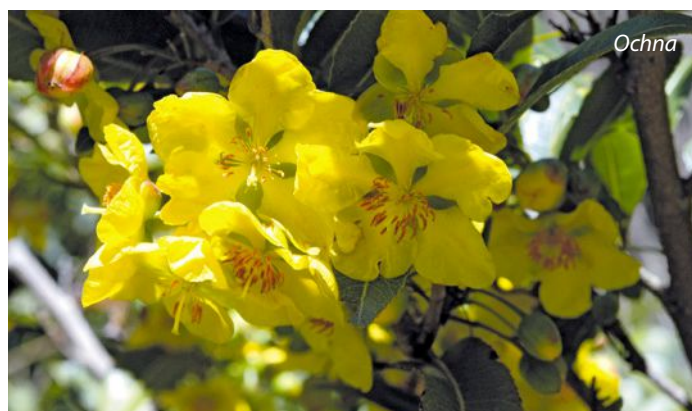


Tecoma capensis



Bauhinia tomentosa

The bright tubular flowers of the Cape honeysuckle (*Tecoma capensis*), especially the yellow form, make an excellent substitute. A shrub or scrambler, it's also a magnet for birds, and, originating in the Eastern Cape, tolerates dry periods. Other alternatives are the *Ochna* species, which have clusters of cup-shaped, golden flowers and grow into shrubs or small trees; their black berries show up well against the eye-catching red calyx in early summer. For something more tree-like, try *Bauhinia tomentosa* (yellow bauhinia). It flowers in summer, has downy seed pods and interesting camel-foot-shaped leaves. It's suited to moist coastal areas in semi-shade or full sun.



Ochna

REMOVE



△ IRIS PSEUDACORUS (YELLOW FLAG IRIS)

These perennial, moisture-loving plants are grown for their long strap-like leaves and bright yellow flowers. They increase in size annually along the fringes of ponds, rivers and dams where they can block channels, alter water flow and overwhelm indigenous species. In addition to sprouting from discarded rhizomes, they are spread by seed distributed by flowing water. They are toxic and can poison livestock.

OTHER COMMON INVADERS

- Fountain grass (*Pennisetum setaceum*)
- Ginger-lilies (*Hedychium* species)
- Mother-of-millions (*Bryophyllum delagoense*)
- Morning glories (*Ipomoea indica* and *I. purpurea*)
- Jerusalem cherry (*Solanum pseudocapsicum*)
- Umbrella trees (*Schefflera actinophylla* and *S. arboricola*)
- Sword fern (*Nephrolepis cordifolia*)
- Blue periwinkle (*Vinca major* and *V. minor*) excluding sterile listed cultivars
- Goosefoot (*Syngonium podophyllum*)
- Wild strawberry (*Duchesnea indica*)
- Pink knotweed (*Persicaria capitata* syn. *Polygonum capitatum*)

PLANT THESE INSTEAD



Wachendorfia thyrsiflora (redroot), with its pleated leaves and tall spikes of rich-yellow flowers is a good lookalike. It tolerates frost, grows in sun and semi-shade and likes its feet near water. Equally imposing are water-loving kniphofia (red-hot pokers), which have long narrow leaves and fiery red and orange, or plain yellow flower spikes. Different species flower at different times of the year. *Diets bicolor*, the yellow wild iris, also enjoys wet feet and has narrow strappy leaves and pale yellow flowers. **GH**

SOURCES For more information, visit **SANBI** sanbi.org or **Invasive Species South Africa** invasives.org.za



A 5 000-litre rainwater tank can be intrusive, but it makes sense to go as big as possible. Opt for neutral colours that blend with the background and use shrubs or creepers to soften or screen it.

Waste not, WANT NOT

All you need to harvest rainwater is a roof, gutters, a tank and a tap, and you'll have extra water for the garden and the home, plus lower water bills

Saving water and using it responsibly has become a national priority. The most effective way to do this is by collecting rainwater and recycling grey water. A household that does both, cuts domestic water usage by two-thirds and enjoys long-term cost savings.

With a rainwater harvesting system in place, a shower of rain not only brings the garden to life, but means that none of the water that would have poured into the storm-water drains is being wasted.

WAYS TO HARVEST RAINWATER

- The most rainwater is collected from the roof, via gutters, into a storage tank. Systems vary from basic (just for the garden or domestic emergencies), to more sophisticated, linked to the internal plumbing system.
- If space is too tight to accommodate tanks, direct individual gutters into slim-line 500-litre tanks (with a tap at the bottom) or large bins. The Garden Master range, available at Makro, even has a planter on top to make it a garden feature.
- If you don't like the look of tanks, redirect the water into dryer parts of the garden or a pond. This can be done by making a swale (a shallow ditch with sloping sides) leading from the gutters or drains, or a French drain, or by mounding the soil (a berm) that splits the flow of water so that it spreads out into a wider area.
- Reduce hard paving or replace with permeable paving or gravel. This doesn't harvest rainwater, but allows it to filter into the soil below rather than run off the property.
- Make a dry well into which water from the gutters or a swale can be routed. Line it with a geotextile fabric. This allows the water to saturate into the soil.

IS MY HOUSE SUITABLE?

The efficiency of rainwater harvesting differs from house to house, according to its design. Consider the following points:

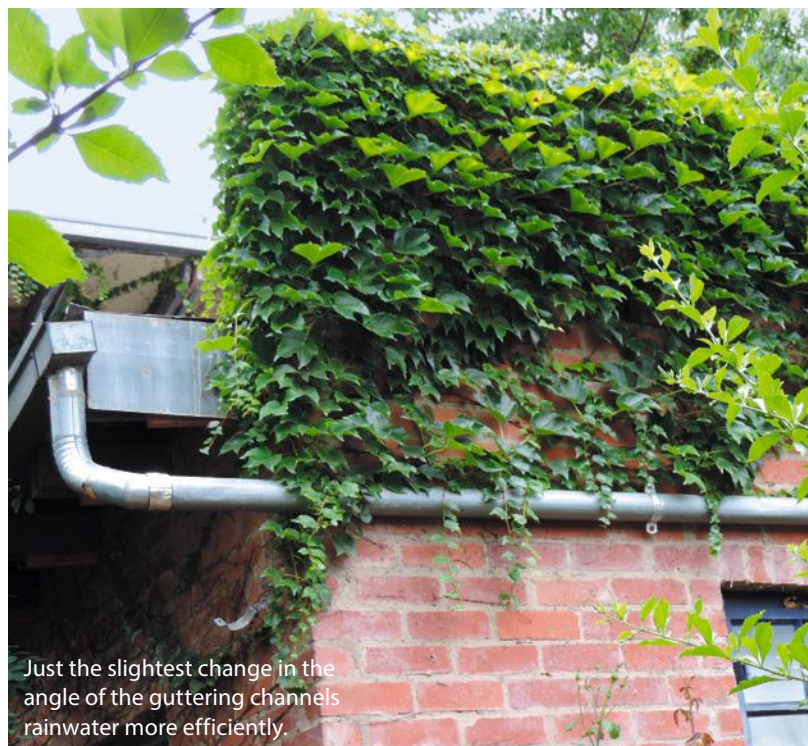
Type of roof: Metal, corrugated iron or IBR roofing and tiles are suitable for rainwater harvesting, thatch is not. According to Rain Harvesting Systems, 11mm of rainfall on metal roofs produces 1 000 litres of



A leaf filter fitted to the tank is essential as are gutter filters to prevent them from being blocked by leaves.

GET MORE ONLINE

To get more clever water saving tips online, visit gardenandhome.co.za/tag/how-to-save-water/



Just the slightest change in the angle of the guttering channels rainwater more efficiently.

harvested rainwater for every 100m² of roof area. For tiled roofs, 16mm of rainfall produces 1 000 litres of harvested rainwater for every 100m² of roof area.

Roof design: The simpler the roof the better, with a good pitch, although flat roofs are usually pitched enough to divert rainwater. If in doubt, call in a plumber, handyman or rainwater harvesting consultant who can also advise on the guttering.

Tank space: This is the clincher. If there is no space for a conventional round tank, opt for slimline tanks (more expensive), that are available in different heights, sizes and colours, some with planters on top. Horizontal tanks are available too. If there's space, a tank can be sunk into the ground, but this is costly and there is the danger that it could pop out when empty.

Estate aesthetics: In many security estates, tanks are not allowed to be visible for aesthetic reasons. Get around this by screening the tanks with a trellis and planting creepers or shrubs in front.

AFFORDABILITY

A basic system can range from R10 000 – R14 000, depending on tank size and type, whether using a pump or gravity, a leaf eater or gutter mesh to keep the leaves out of the gutters and tank (essential), or a first flush

diverter that further sifts out dust and sand.

Also, factor in the cost of shifting or adapting the guttering, tap and pump installation, and building a solid, level base for the tank, unless it can be placed on firm, level ground/paving. Delivery fees are usually not included either. Should you want to integrate the system with domestic water usage, the cost will be higher.

HOW BIG DO I GO?

Landscaper JJ van Rensburg of Garden World in Jo'burg advises opting for as big a tank as possible, ideally 5 000 litres. "People underestimate how quickly a tank fills up," he says. "A good shower of 20–30mm will fill it. Watering the garden also takes a lot of water, and the larger the tank, the more water you'll have available to water the garden when the rain stops."

CAN TANK WATER BE LINKED TO THE IRRIGATION SYSTEM?

Yes, it can, says JJ. He advises linking municipal water to the rainwater tank and using a ball valve to ensure that 25% of the tank is always filled with municipal water, which allows 75% for rainwater. This works automatically and doesn't require switching the system from one tap to another.

Depending on the size of the tank

and the garden, 25% municipal water may not be enough, and the municipal 'back-up' could be increased to 50%, but JJ suggests rather having two tanks set at 25% so there's more space for harvesting rainwater. **GMH**

WIN!

Easy to install, the WaterWarrior grey water waste-pipe connector attaches to 50mm or 40mm outlet pipes then to a 25mm garden hose so you can reuse up to 60% of your household water. It can also be used on showers and washing machines. For more information and stockists, visit slightlygreenish.co.za. We're giving away 10 WaterWarriors worth R100 each. To enter, **SMS WARRIOR**, your name and e-mail address to 48406. An SMS costs R1,50, errors will be billed and free SMSes don't apply. For full Ts&Cs, see page 127.



SOURCES Garden World 011 957 2046 or 011 957 2527 **Makro** makro.co.za

USEFUL WEBSITES Econavitas eco-navitas.com **Rainwater Harvesting Systems** rainwaterharvesting.co.za **Urban Rain Systems** urbanrainsystems.co.za

SMALL ONIONS

Chives grow easily
in pots.

Green onions (left) and
spring onions (right).



Know your ONIONS



These small members of the onion family are easy to grow and provide flavour year-round, says Jane Griffiths

Many gardeners are put off growing onions as it can take up to 10 months from planting to harvesting. Fortunately these quick-growing members of the onion family are just as tasty.

1 SPRING ONIONS (*ALLIUM FISTULOSUM*)

These are bunching onions that don't form big bulbs.

Growing tips: Sow them in situ, or in seed trays and then transplant, all year



2



3

round, except for the hottest midsummer and the coldest midwinter months. They like full sun, fertile soil and regular moisture. Harvest when young for the best flavour. If you leave a few to go to seed, they produce white flower heads that bees and butterflies love and will happily seed themselves. Look out for seeds of red varieties, such as Red Rum, to add interest to your salads.

2 CHIVES (*ALLIUM* *SCHOENOPRASUM* AND *TUBEROSUM*)

Delicious chives are an easy perennial that should be grown in every vegetable garden. Not only do they add flavour to dishes, they're a very good pest deterrent, especially if grown as a border around beds. There are two types of chive: Onion chives have hollow leaves, lilac-coloured pompon flowers and a mild onion flavour. Garlic chives (above) have flat mildly

garlic-flavoured leaves and white flowers. They are larger and bushier than onion chives. Both are perennials, but onion chives aren't as long-lived as garlic chives.

Growing tips: Chives are easily grown from seed and seedlings. They prefer full sun and moist soil, but can handle dry weather. Every couple of years, divide them in spring by lifting and splitting them into new plants. When harvesting, don't cut the tops off as if you're giving them a hair trim, as this will just weaken the plant. Harvest by snipping off leaves 2cm above the base with a pair of scissors. They will regrow quickly.

3 WALKING ONIONS (*ALLIUM X* *PROLIFERUM*)

Perennial Egyptian walking onions (also known as tree onions or top onions) are unusual in that they produce clusters of small bulbs (top-sets) where the onion

flower would normally be. These reach up to 90cm, become top heavy, fall over and then root themselves a short distance from the mother plant – hence their name 'walking onions'.

Growing tips: Plant them in full sun from autumn through to late spring in fertile, well-drained soil (they don't like wet feet). Four to five months after planting, the clusters of what look like miniature onions at the top of each stalk will have matured. Each plant will produce anything from one to 30 bulblets, ranging in size from 3–5cm. At the base of the plant underground, there's a shallot-like swelling. The bulb, leaves and top-sets are all edible. The leaves taste like spring onions, while the bulb has a mild flavour similar to shallots. In their first year, they might not produce top-sets. However, if the plant is left in the ground, it will continue to produce bigger and more prolific top-sets every year. ▷



4 GREEN ONIONS (*ALLIUM CEPA*)

Green onions (also called scallions) are simply large onions that are harvested early, before the bulb has fully formed.


Growing tips: Transplant onion seedlings closer together than normal, about 5cm apart, in fertile, well-drained soil. Maintain regular moisture and they'll be ready for harvesting after about eight to 10 weeks, when they are at least 1,5cm thick and the leaves about 20–25cm tall. Loosen the soil around their base and pull them up. They don't keep well, so only harvest

what you plan to eat. The longer they stay in the ground, the stronger their flavour becomes. Both the green stalk and the white stem are edible.

5 SHALLOTS (*ALLIUM CEPA* *AGGREGATUM*)

Shallots take less time to mature than onions or garlic. Unlike onions, which produce a single bulb, shallots produce clusters of smaller bulbs. They have a deliciously mild oniony flavour (with a touch of garlic), without the sharp bite of an onion. Seeds of the Matador shallot

are available here. It's a French variety with a coppery skin, and is tasty both raw and cooked.

Growing tips: Sow the seeds in seed trays from May to August. Transplant when six weeks old into well-drained fertile soil. Position the base about 1cm below the surface and press the soil down firmly. Once established, mulch well to control weeds and maintain moisture, but keep the tops of the bulbs clear of earth or mulch. Water during dry spells and break off any flower stems as soon as they pop up. When the bulbs have formed, loosen the soil around them to expose them to the sun. In about 90 days, the foliage will begin to die back and they'll be ready to harvest once the leaves turn yellow and flop over. 

SOURCES *Jane's Delicious Urban Gardening* by Jane Griffiths (Sunbird Publishers, jonathanball.co.za) janesdeliciousgarden.com

USEFUL WEBSITES **Livingseeds** livingseeds.co.za **Mountain Herb Estate** herbgarden.co.za **Seeds for Africa** seedsforafrica.co.za **Sought After Seedlings** soughtafterseedlings.co.za

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Veranda DAYS

Entrepreneur and owner of Musgrave Gin, Simone Musgrave knows how to put together the ultimate stylish lunch

MENU

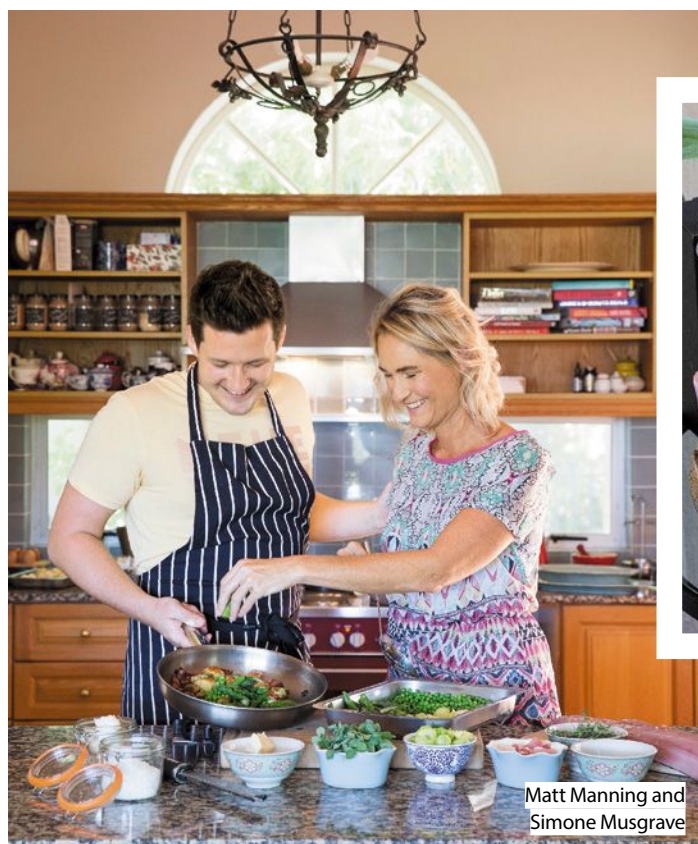
CANAPÉS SERVED WITH
MUSGRAVE 11 G&T

RICOTTA GNOCCHI WITH
PEAS, BACON, ASPARAGUS
AND PARMESAN

PAN-FRIED YELLOWTAIL WITH
SWEET CORN, SPRING ONION
AND MUSSEL VELOUTÉ

TOASTED MUSGRAVE
PINK MARSHMALLOW WITH
PLUM COMPOTE AND
CARAMEL SEMIFREDDO





Matt Manning and Simone Musgrave

For today's colourful summer lunch on her terrace overlooking Hout Bay, Simone Musgrave asked maverick chef Matt Manning, food stylist Lisa Clark and Owen O'Reilly of Sip Exclusive, who mixes knock-out cocktails, to create the perfect meal for a group of friends.

Simone has the enviable talent for turning her lifelong interest in food and drinks into great businesses. "I've always been very interested in food, but when I was growing up, chefs weren't the TV stars they are today," she says. "So I took the conventional route and studied African languages at Rhodes University."

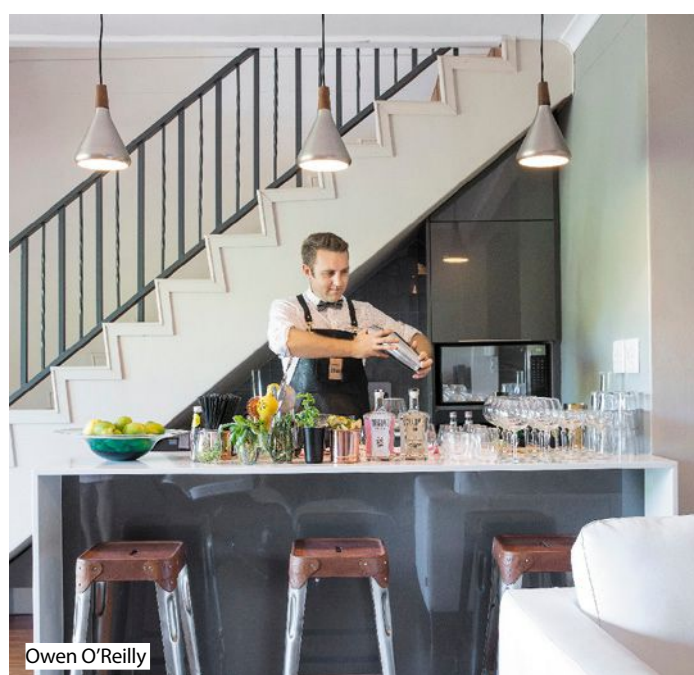
After graduating, she went on to teach English to foreigners in the UK, got married and moved to New Zealand to start a family. It wasn't until she returned home as a young mother that she embarked on her first business venture.

As she wanted to make perfect, fresh meals for her two little girls, Amy and Jessica, she created a frozen baby food range called YumNums. Soon, not only her product, but her business plan was garnering awards. YumNums was later taken up by Pick n Pay and sold in their stores countrywide.

After selling to a major baby food brand, her career took a new direction when she went to work for Foodcorp in product development. This involved travelling around the world, eating, drinking, listening and learning and picking up on what was new and happening out there.

"Consumers want crafted foods, they want a story, they want to know where their food comes from, and who's producing it," she says. "I saw this same demand spilling over to the drinks side of things and craft beer became the rage."

And being a savvy trend forecaster, Simone spotted an opening for a new unique African craft gin. To begin with, she saw it as a sideline to her work. "My mother is from Zimbabwe, and one of the indelible memories of our many holidays there is the gin



Owen O'Reilly

and tonics on those long verandas surrounded by the bush," says Simone. Her trained palate, coupled with intensive research, led her to develop gins infused with spices and plants from this vast continent – cardamom, African ginger and grains of paradise, a spice from West Africa.

Hope on Hopkins, a new distiller in Salt River, made her 1 000 launch bottles. It was such a success that they plan on producing 20 000 bottles this year. The top seller is her pink gin, which represents 70% of her sales. Distilled with rose hip and infused with rose water it's the first pink gin to be created in South Africa. Pink, she predicts, is going to be huge, in everything from food to drinks and fashion.

"These days, it's all about healthy eating and snacking," she says. "People snack at least nine times a day, which is why tapas is so popular, as are the Indian and Peruvian versions."

Before flying off to be a judge at the World of Drinks Awards in London, she brought together high flyers in the food industry and some of her closest friends for a special summer lunch. ▸



GET MORE ONLINE

To find the perfect gin cocktail to drink with these dishes, visit gardenandhome.co.za

RICOTTA GNOCCHI WITH PEAS, BACON, ASPARAGUS AND PARMESAN

(Serves 4)

FOR THE PEA PURÉE

250g peas
1 onion, diced
1 clove garlic, chopped
2 sprigs thyme
50g butter
200g crème fraîche
100g fresh mint
100g fresh spinach, not cooked
salt, to taste

FOR THE GNOCCHI

300g ricotta
salt, to taste
1 egg yolk
60g flour, plus extra for dusting
zest of 1 lemon
butter, for frying
200g peas, blanched
1 packet bacon, chopped and fried until crisp
6 spears of asparagus, blanched
100g Parmesan

1. To make the pea purée, blanch the peas in rapidly boiling salted water for about 1 minute. Refresh the peas in ice water.

2. Sweat the onion, garlic, thyme and butter in a pot until soft. Add the peas and crème fraîche, bring to a simmer, and season with salt.
3. Blend the pea mix with the mint and spinach until smooth. Set aside.
4. To make the gnocchi, break the ricotta up in a large mixing bowl and season with salt.
5. Fold in the egg, flour, lemon

- zest and salt to make a dough.
6. Place the dough on a clean work surface and fold over a couple of times to ensure all the flour is fully incorporated.
7. Roll a quarter of the dough into 2cm thick sausage shapes then cut into 3cm pieces. Repeat the process until you have rolled all the gnocchi. Dust the work surface lightly with flour to prevent them



Liezl van der Westhuizen and Stacy Adams



Seth Sheri and Dean Horwitz



from sticking.

8. Bring a wide, shallow pot of salted water to the boil, then reduce to a simmer and whisk the water to create a whirlpool effect.

9. Gently roll the gnocchi into the water and cook for 2–3 minutes, or until they float to the surface. Drain and place on a baking tray to cool.

10. In a pan, fry the gnocchi in a tablespoon of butter until golden, add the blanched peas, bacon and asparagus. Sauté for 3 minutes to incorporate the flavour of the bacon.

11. Serve in bowls on a base of pea purée and sprinkle with slivers of Parmesan.



PAN-FRIED YELLOWTAIL WITH SWEET CORN, SPRING ONION AND MUSSEL VELOUTÉ

(Serves 4)

3 sweet corn on the cob
olive oil, plus extra for frying
1 cauliflower, cut into florets
4 baby pak choi, quartered
salt, to taste
3 spring onions, sliced
few nobs butter
1 red onion, diced
1 garlic clove, crushed
1 chilli
1t miso
1t ginger
1kg mussels
150ml Musgrave or other gin

FOR THE VELOUTÉ

150ml white wine
100ml cream
juice of 2 limes
1T ponzu sauce
1 bunch coriander, chopped
spring onion, chopped

4 x 200g portions yellowtail (ask
your fishmonger to portion it)

TO SERVE

fresh coriander
6 radishes, thinly sliced

1. Blanche the sweet corn in a large pot of boiling water for about 3 minutes. Drain the sweet corn and refresh it briefly in ice water. Remove the corn from the cob using a sharp knife.
2. Pour the olive oil into a large pan and bring to a medium heat. Sauté the cauliflower and baby pak choi until golden. Season with salt.
3. Add the sweet corn, spring onions and a nob of butter and sauté for about 2 minutes.
4. To make the mussels, sweat the red onion, garlic, chilli, miso and ginger in a large pan.
5. Add the mussels and Musgrave gin and cover until the mussels steam open. Discard any that don't



QUICK CHAT WITH SIMONE

What is your cooking style? I don't really have a cooking style. I cook in a way that's appropriate to the occasion, but always modern and fresh.

The kitchen gadget I couldn't live without is a good zester. I always use lots of lemons, usually three or four a day.

If I had just one recipe book, it would be

Yotam Ottolenghi's *Plenty* (Chronicle Books).

My store cupboard staples are tins of tuna, and tomato and quinoa.

No dinner party is complete without the right mix of people. It's all about getting together, being relaxed and having fun.

What do you always have in your fridge? Cheese, a roast chicken and kombucha (Japanese fermented tea).

My favourite comfort food is bread. I wish it wasn't, but sadly, it is.

The best thing I ever ate was a 27-course meal at Ferran Adria's restaurant, Tickets, in Barcelona.



Sarah Colwill, Lisa Clark
and Matt Manning

open. Remove the mussels from the shells and put to one side.

6. To make the velouté, add the white wine, reduce the liquid, add the cream then bring to the boil.

7. Add the lime juice and ponzu and simmer for 10 minutes to infuse the flavours.

8. Add the mussels to the sweet corn mix with the chopped coriander and spring onion. Pour in a dash of the velouté to the sweet corn mix and simmer for 4 minutes

9. Season the yellowtail with salt before bringing a medium-

sized frying pan to a high heat.

10. Add olive oil to the pan and lay the fish flesh side down and sauté for 3 minutes, until the fish starts to turn a golden brown.

11. Turn the fish over, add a nob of butter, and cook for a further 1 minute. Remove from the pan and rest on a piece of kitchen towel.

12. To serve, place a little sweet corn fricassee and a piece of fish on each plate. Foam up the velouté with a hand beater and pour over the fish. Garnish with fresh coriander leaves and the radishes. ▷



Dean Horwitz, Francis Gersbach and Georgia East

TOASTED MUSGRAVE PINK MARSHMALLOW WITH PLUM COMPOTE AND CARAMEL SEMIFREDDO

(Serves 4)

FOR THE CARAMEL SEMIFREDDO

1 tin condensed milk
6 egg yolks
vanilla paste
6 egg whites
500ml fresh cream

FOR THE PLUM AND GINGER COMPOTE

450g soft brown sugar
100ml white wine vinegar
1t ground cinnamon
1t ground nutmeg
3 pinches saffron strands
60g fresh ginger, peeled and grated
8 plums, cored and finely diced
100ml Musgrave gin
20ml Willow Creek blood orange flavoured olive oil

FOR THE MARSHMALLOW

20g gelatine
90ml water
40ml glucose
400g sugar
2 egg whites
vanilla extract

TO SERVE

fresh mint
crushed pink peppercorns (optional)



Natalie Roos and Sarah Colwill



Georgia East and Lisa Clark

1. To make the semifreddo, boil the condensed milk in a pot of water for at least 3 hours, making sure the tin is completely covered.
2. Once the tin has cooled, scoop out the caramel and whisk it in a mixing bowl with the egg yolks and vanilla.
3. In a separate bowl, whisk the egg whites until soft peaks form; add to the caramel mix.
4. Whisk the cream and add to the mixture. Pour it into a freezer-safe container and freeze overnight.
5. To make the compote, place the brown sugar, vinegar, cinnamon, nutmeg and saffron



- strands in a large pan over a low heat. Bring to a simmer then add the ginger.
6. Stir to combine and simmer until the liquid has reduced.
 7. Add the plums and gin and reduce the liquid until it coats the back of a spoon.
 8. Allow the compote to cool completely in the pan. Gently fold in the olive oil.
 9. To make the marshmallow, soften the gelatine in 50ml cold water.
 10. Place the rest of the water, glucose and sugar in a pan. Heat over a medium heat until all the sugar has dissolved, and the mixture reaches 130°C.

Add the softened gelatine.

11. In a clean bowl, whisk the egg whites until soft peaks form. Add the vanilla and very slowly add the sugar syrup, beating constantly.

12. Continue to beat until the meringue has cooled to room temperature. Pour the mixture into a piping bag.

13. To serve, pipe the marshmallow over each serving of compote. Using a blowtorch, caramelize the tops until toasted and gooey.

14. Serve with the semifreddo and garnish with fresh mint and crushed pink peppercorns, if using. **GH**

SOURCES Hope on Hopkins hopeonhopkins.co.za Lisa Clark lisaclark.co.za Matt Manning mattmanningchef@gmail.com Musgrave Gin musgravegin.co.za Sip Exclusive sipexclusive.com

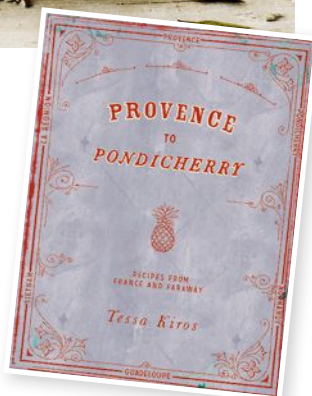
Bon appetit

Get a taste of what's new in the culinary world



French accent

Provence to Pondicherry by Tessa Kiros, R550, Pan MacMillan SA, is a travelling gourmet's delight. Tessa explores French culinary influences in far-flung destinations, where you'll find French-inspired classics with a twist such as Gigot d'agneau aux anchois (lamb with anchovies) served with braised artichokes (pictured above). You'll find the recipe on our website, gardenandhome.co.za



CURRYING flavour

Franschhoek's gourmet dining scene welcomes its first classic Indian cuisine restaurant, Marigold, part of the exclusive Leeu Collection. Enjoy a feast of fragrant curries, flavourful biryani and succulent meat dishes cooked in a charcoal tandoor. For bookings, call 021 876 8971, or visit marigoldfranschhoek.com



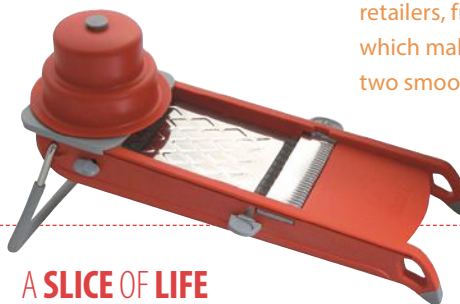
In fine spirits

South Africa's passion for gin continues. We love this African-inspired Cape Town Rooibos Red Gin, R300, from the Cape Town Gin & Spirits Company. It's perfect for cocktails. capetowngincompany.com



Shake it UP

Want a complete meal on the go? Wazoogles Superfood Protein Shake, made from plant-based ingredients, is available in five flavours: Chocolate Moondust, Vanilla Sky, Kungfu Coffee, Unicorn Berry and Plant Power. Get them from selected health stores and online health retailers, from R45 for 65g, which makes enough for two smoothies.



A SLICE OF LIFE

For wafer-thin vegetables, julienne, waffle-cut slices and more, try the super-fast, super-easy De Buyer Swing Mandoline, R1 099, from Yuppiechef.com

WHAT'S ON

3 – 4 MARCH Brooklyn Bubbles

Held at Brooklyn Mall, Pretoria, there'll be over 20 of South Africa's finest Méthode Cap Classiques as well as French Champagnes. Plus, live music, sushi, oysters, charcuterie and cheeses. Tickets available at webtickets.co.za

5 MARCH Eikendal Weintaupe

Enjoy the Eikendal Vineyards, Stellenbosch's end of harvest with a farm-style Weintaupe Carnival including street-style foods, games, lucky draws and live music. Tickets, R80 pp, are available at the gates on the day. To find out more, call 021 855 1422 or e-mail info@eikendal.co.za

1, 8, 15 AND 22 MARCH Durbanville Hills Harvest Tours

Durbanville Hills is gearing up for its popular harvest tours where visitors can experience the various stages of the winemaking process. There are two tours daily – at 15h00 and 18h00, each costing R120 pp. For bookings and information, call Simone on 021 558 1300 or e-mail sibrown@durbanvillehills.co.za 

EFFORTLESS ENTERTAINING

Morning STARS

Whether it's breakfast or
brunch, wow your guests with
this delicious duo

ROASTED VEGETABLE AND CHORIZO FRITTATA

(Serves 4–6)

*500g assorted vegetables for roasting**
1 garlic clove, crushed
30ml olive oil or avocado oil
salt and milled black pepper, to taste
*150g chorizo sausage, sliced***
1 potato, cooked, peeled and diced
10ml basil or red pepper pesto
150g Cheddar or mozzarella cheese, grated
8 eggs, whisked

TO SERVE

micro salad leaves
olive oil
lemon wedges (optional)

1. Preheat the oven to 190°C.
2. Peel the vegetables, if necessary.
3. Cut all the vegetables into bite-sized chunks and place in a mixing bowl.
4. Add the garlic, oil, salt and pepper. Toss well to coat and arrange on a foil-lined baking sheet.
5. Roast the vegetables in the oven for 25–35 minutes, or until tender. Remove from the oven and set aside.
6. Heat a heavy-based frying pan until hot and fry the chorizo slices for about 1–2 minutes per side.
7. Toss the vegetables, chorizo, potato, pesto and cheese together. Season well with salt and pepper.
8. Grease an oven-proof frying pan, casserole or round baking tin.
9. Place the vegetable mixture in the pan or tin and spread to cover the base.
10. Pour the whisked eggs over the top and bake in the oven for 30–40 minutes, or until the centre is just set.
11. Allow to stand for 5 minutes before serving topped with fresh salad leaves, a drizzle of olive oil and lemon wedges, if desired.

COOK'S NOTE *Red onions, red and yellow peppers, butternut, brinjal, baby marrow, yellow patty pans.

**For a vegetarian option, replace with 150g extra vegetables and some wilted, chopped spinach.

GET MORE ONLINE

Love spicy food? Visit gardenandhome.co.za
for more tasty recipes.

CARDAMOM AND MAPLE GLAZED ROAST PEACHES

(Serves 4–6)

6 cardamom pods
5ml ground cinnamon
2ml ground mixed spice
5ml fresh ginger, peeled and finely grated
60ml maple syrup
80ml orange juice
4–6 small peaches or nectarines, halved*

TO SERVE

thick Greek yoghurt

1. Preheat the oven to 180°C.
2. Lightly crush the cardamom pods to release the black seeds. Grind the seeds with a pestle and mortar and discard the outer husks.
3. Transfer the crushed seeds to a small pan and add the cinnamon, mixed spice, ginger, maple syrup and orange juice.
4. Gently heat for 2–3 minutes, stirring until the mixture is smooth and the aromas are released.
5. Arrange the fruit in a baking dish cut side up*.
6. Drizzle the maple syrup mixture over the fruit and bake in the oven for 15–20 minutes, or until the fruit is cooked to your liking. The longer you leave it, the softer it will become.
7. Serve the fruit lukewarm, at room temperature or chilled with thick Greek yoghurt and a drizzle of the remaining juices.

COOK'S NOTE *If you want grill marks on the fruit, heat a griddle pan to very hot and lightly brush the pan with coconut oil or avocado oil. Place the fruit cut side down on the pan and don't move it around. Cook for 1–2 minutes, transfer to the baking dish and follow the rest of the recipe. **GH**

Like a shopping list?

Visit
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to download the
shopping list for
this menu



Bella BARCELONA

This beautiful Spanish city has it all, from fanciful Modernista masterpieces to sensational shopping, writes Judy Bryant

Barcelona is a fabulously stimulating city with age-old Roman roots, yet bursting with contemporary, cosmopolitan culture. Relics of ancient third and fourth century walls marry happily with Modernista architecture, best known for the undulating façades, curvaceous roofs and vibrant colours of architect Antoni Gaudi.

Wherever you are in this portside city, there's always something to enjoy in the neighbourhood: just-unpacked produce markets with beautifully displayed fresh fruit and vegetables, fiery orange saffron and golden olive oils; parks with water features and slender sculptures where you can cool off or watch a spot of spontaneous, sweaty Flamenco dancing; soaring Gothic

churches; and super-stylish shopfronts of one-off boutiques and indie shops.

Where to start, when there's so much to see? This is one city where it's worth investing in a hop-on, hop-off bus tour, so that you can orientate yourself. Once you've got an overview of the beautiful sights, buildings and monuments, you can retrace your steps and hop off at some of your favourite destinations on the same ticket.

On the following days, the super-efficient and affordable metro and other transport services will whisk you to destinations such as the seaside promenade near the yacht basins, or up to the hill area of Montjuïc with its old fort, gardens, art museums and 1992 Olympics-era buildings. (That event was pivotal in rebooting Barcelona from an

industrial backwater to one of the world's coolest cities.)

Simply strolling down the streets is like viewing a performance. The best-known walk is La Rambla, which cuts a swathe from the older part of the city right down to the port. You'll pass fragrant flower stalls, cafés, a fresh produce market (an essential detour), buildings with fabulous exterior decorations on the walls, and street performers. Look up and catch a wave from a Marilyn Monroe lookalike on the balcony of the Erotic Museum.

Our base was in the elegant district of Eixample at a Lonely Planet-recommended guesthouse, Fashion House, set in a former fashion building dating from the 1900s. It offered bedrooms with balconies and



separate shared bathrooms, free Wi-Fi and a casual guest lounge where breakfast was served. Simple, but spotlessly clean, it was only about 100m from a delightful small café and the Urquinaona metro station, and a five-minute walk from the main square of Plaça de Catalunya.

On our first day of go-it-alone sightseeing, we stoked up on coffee and a snack in the little café with the locals, and caught the metro before walking to the Fundació Joan Miró. This modern gallery in Montjuïc has over 200 colour-drenched paintings, 180 sculptures, thousands of drawings and some textiles. ➤



JUDY'S TRAVEL TIPS

MUST-SEE CULTURE TREATS Book online for a music or dance performance at the Palau de la Música (palaumusica.org). Revel in stained glass, sculpted stone and ceramics. Art lovers, visit barcelonaturisme.com and invest €30 (about R450) on the ArticketBCN for entry to six top museums. Print out your receipt and bring it with you, to avoid queues. Nicknamed *la grapadora* (the stapler) by locals, the new Design Museum merges several museums – from textiles to visual communication design (ajuntament.barcelona.cat/museudeldisseny/en)

SHOP UP A STORM The FC Barcelona official club stores offer tons of merchandise in the club's colours – great gifts.

INTERESTING TO KNOW A visit to the Museu Nacional d'Art de Catalunya includes access to two rooftop viewpoints on the roof terrace of the Palau Nacional.

NICE TO KNOW Staff in hotels, bars, clubs, restaurants and shops generally speak English and are friendly and genuinely helpful.

MOST DELICIOUS BITE Tapas, from air-dried ham to chilli-spiked potato chunks.

THIS PAGE, CLOCKWISE FROM TOP LEFT: ● Fresh air flamenco at Park Güell. ● Casa Batlló, Gaudí's fantastical apartment block. ● 'Barcelona's Face' by Roy Lichtenstein, commissioned for the 1992 Olympics.

OPPOSITE PAGE: The elegant ambience of the Plaça Reial.

PLANNING YOUR TRIP

GETTING THERE Judy flew from Cape Town to Barcelona on Emirates.

WHEN TO GO Spring and autumn to avoid the crowds; or celebrate Catalan culture at full throttle at the annual La Mercè Festival in September.

GETTING AROUND The metro, suburban rail network and city buses operate under the same ticketing system. Buy the 10-trip ticket for €10 (about R145).

WHERE TO STAY Fashion House, bcnfashionhouse.com

CURRENCY The euro is the official currency. Accommodation was €55/night (about R800) in the low season, lunch about €11 (about R150), the entrance ticket to six top galleries €33 (about R485).

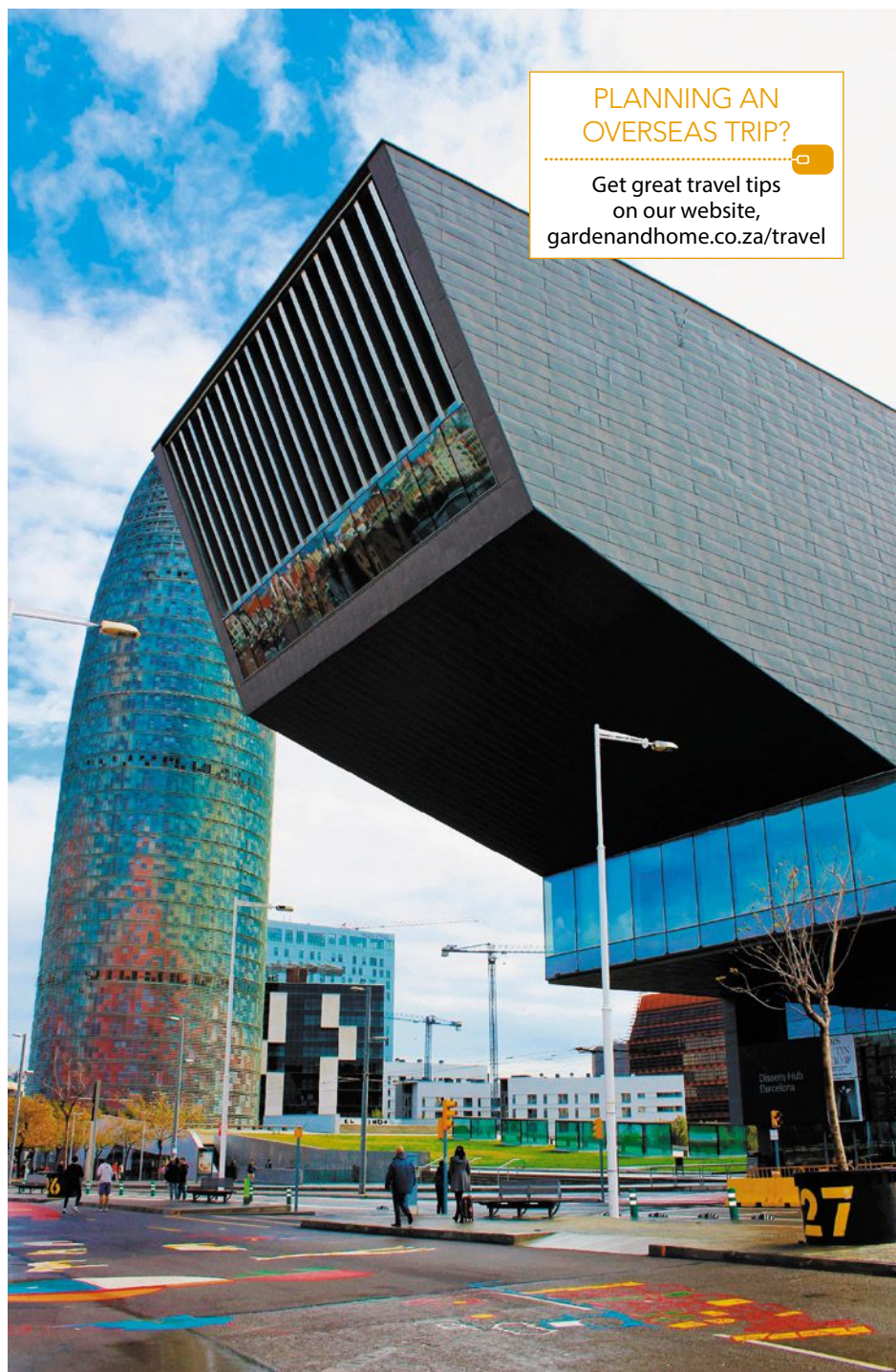


THIS PAGE, LEFT TO RIGHT:

● Fundació Joan Miró is a museum of modern art. ● The Design Museum, which locals affectionately call 'the stapler'.

Designed by Miró's close friend, architect and city planner Josep Lluís Sert, it's a welcoming white building with plenty of glass and sunlight. Visiting schoolchildren's bright little jackets matched the colourful sculptures set on the lawn and rooftop terrace, and I discovered Miró artwork wash-off tattoos in the gift shop – the perfect gift for my artist sister.

We strolled down the Montjuïc hill to the home of one of Spain's top art collections – the vast neo-baroque Museu Nacional d'Art de Catalunya. It houses room after room of awe-inspiring art and sculpture, from 11th-century frescoes salvaged from



PLANNING AN OVERSEAS TRIP?

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Pyrenean churches to works by Picasso and Dalí.

The ground floor has old deeply textured wooden altarpieces, the first floor is dominated by Catalan painters and the local theme continues with furniture by Gaudí, and art by masters from Velázquez to El Greco.

Even if you're swooning from taking in 1 000 years of art in one location, it's worth trudging up to the rooftop. With a 360 degree view of the city, you can scan all the main buildings and monuments that make up the Barcelona skyline, from Gaudí's remarkable Sagrada Família cathedral-in-

progress to the Olympic Village. Then walk down the hill, helped by some escalators, and you can view the cascading fountain that is lit up with colourful lights in a water and music show at night.

Other cultural must-sees include the Picasso Museum (set in five mediaeval stone mansions) and the Design Museum, with a hip bar and café. Fascinating collections range from iconic Spanish graphic design ad campaigns, to five centuries of fashion, including corsets that not even Dita Von Teese could slip into.

As our visit was in early spring, it didn't take much queuing to enter the Sagrada



THIS PAGE, CLOCKWISE FROM ABOVE: ● The Sagrada Família cathedral is an inspiring work-in-progress. ● Barcelona beachfront with Frank Gehry's 'Golden Fish'. ● The 1992 summer Olympics site on the beachfront. ● Joan Miró's circular tile work, on the La Rambla.

Família. The vision and scale of this work-in-progress cathedral is awe-inspiring. It's no surprise that three million visitors view it every year, in the process, helping fund its construction. Building began in 1882 and there are another 10 years to go.

One side of the exterior falls in shadow, and this Passion Façade is raw and austere, focusing on the Last Supper and Christ's burial. The main entrance on the other side offers the Nativity Façade, with sculpted figures of people and animals celebrating the birth of Jesus in the sunshine.

Much of the inspiration is drawn from nature, with the cathedral's stone columns resembling snaking tree branches; hexagonal grilles are inspired by bees' honeycomb.

Sports fans would probably want to make another pilgrimage, to the home of FC Barcelona. You can take in a tour (or even a game) at the massive stadium. The football museum outlet offers everything from shirts

and bags to iPhone covers. (I found some great men's gifts of silver football key-rings with the famous red and blue insignia at a Waterfront satellite store.) That seaside shopping centre is a great spot for bargain-hunting at outlets such as Zara.

End a great morning here with a paella and ice-cold beer on a balcony, while listening to a live band playing at the market stalls below. And while in the area, you can't miss Frank Gehry's stainless steel fish sculpture (over 50m long).

Another highlight was an evening of Spanish dance and guitar music at the Palau de la Música Catalana, about a 10-minute walk from our apartment. Every section of wall and ceiling of this concert building, built between 1905 and 1908, is decorated with exquisite stained glass, mosaics and glazed tiles. Regular tours are available.

Sightseeing is hungry work, but tapas (Catalan canapés) can be found absolutely

everywhere. Best sampled from a bar stool or standing around a bustling counter, with vast smoked hams hanging overhead, they range from unpretentious spicy sausages to ornate little designer culinary landscapes. Sample with a refreshing beer, wine, or my favourite, a glass of local sparkling wine, *cava*.

In fact, when my friend and I had just arrived in Barcelona, dragging our suitcases across the cobblestoned square, we decided to divert into the basement of the well-known department store Corte de Ingles.

Sipping *cava*, accompanied by our first tapas (salmon on bruschetta) we congratulated ourselves on finally doing what we'd debated a decade ago: to one day travel to this cosmopolitan capital of Spain's Catalonia region, unearth the influence of architect Gaudi and dip into the vibrant street life and amazing art and architecture. Mission accomplished! **GH**

COLLECTABLES



Collecting antique sewing machines with **Valda North**

This KZN collector shares her memories and lifelong love of antique and vintage sewing machines

“Sewing is in my blood” says KZN sewing machine collector Valda North. “My grandmother, mother and aunt were all accomplished designers and sewed haute couture outfits in Pietermaritzburg in the 1930s and ’40s. I remember sitting with them from the age of three watching them sew. My earliest memory is of two sisters from Bishopstowe, just outside Maritzburg, marrying two brothers and my mother made the dresses for the double wedding. The machine used was a Frister & Rossmann dated 1904.

“In the 1980s, I worked as a demonstrator for Elna and saved up to buy my own machine. I sewed all my children’s clothes, and as my fascination with sewing machines grew, I started collecting them. When I retired, I became a serious collector. Today I have over 150 machines, all on display at the Baynesfield Museum as they were taking up too much space at home,” she laughs.

Her machines are all household names such as Husqvarna, Frister & Rossmann, Elna, Pfaff, Bielefeld, Vickers, Colonial,



A BRIEF HISTORY OF SEWING MACHINES

Undoubtedly, the sewing machine was one of the greatest developments of the 19th century, revolutionising clothing making in factories and the home.

Isaac Singer, a mechanic born in Pittstown, New York, designed the first practical sewing machine. In 1857, he partnered with lawyer and businessman Edward Clark to form I.M. Singer & Company. By 1860 it was the biggest sewing machine manufacturer worldwide.

In 1863 Singer began producing sewing machines in Elizabeth, New Jersey, USA and soon expanded to a factory in Clydebank, Scotland. From here production increased, and in 1913, 1,3 million machines were manufactured.

Before the outbreak of WWI Frister & Rossmann sewing machines were manufactured in Berlin, but during the war production ceased, as with other German makers including Pfaff, as they turned their attention to war-related products.

As a result of WWII, during the 1950s, technological advancements saw the opening of worldwide markets with a huge demand for sewing machines.

In 1979, Japanese-based Janome was the first company to develop a computerised machine for home use. Most well-known brands are now made in the East.

THIS PAGE, FROM TOP LEFT: ● This pre-1900 Jones is hand-operated and sews lock stitch. The long bobbin, as opposed to a round bobbin, is driven by a vibrating shuttle. ● Dated 1880, this hand-operated fiddlebase Singer was found in a second-hand shop in Howick in the KZN Midlands.




TIPS FOR ASPIRING COLLECTORS

- "Be careful what you buy. Everyone thinks they've found a gem just because it looks old. I found most of my machines in old shops in Howick and the KZN Midlands and at auctions," says Valda.
- Be money wise. A good, rare find, like a Wilcox & Gibbs, may cost as little as R130, while an expensive piece could cost R800, but be more common.
- Research the machine on the Internet before you buy it. There's a wonderful collection at the Smithsonian Institute. A serial number and correct date will give you its history.
- David Cannon of Cannon's Auctioneers and Antiques in Hilton says he sees many old sewing machines coming on auction from tabletop to treadle, to electric. Some go back as far as the 1930s. "You need to know what you are looking for as the prices vary and we've had machines fetching up to R1 600."
- Go to auctions, second-hand shops and unusual places to find something special, but do your research first.
- Join international organisations for ideas on prices, quality, rarity and availability. For example, the Institute of Sewing Machine Collectors in Europe and USA publish newsletters with information on repairing machines and what machines have come to light.
- "Get to know people with the same interest so you can swap notes, obtain advice and build friendships," says Valda.

Wheeler & Wilson, Bernina, Singer and many others. The largest item in the collection is a 1901 Singer Industrial Canvas machine used in the Durban dockyards to sew sails, but it was moved inland to Pietermaritzburg to make tents and tarpaulins. On the other end of the scale, Valda has an Elna toy machine dating back to 1950. The machine incorporates a clockwork musical box.

Valda says that many people come to view her exhibition at Baynesfield. "Visitors get so excited when they recognise one from the past and are keen to swap information. As a result, I've been given a number to add to my collection.

"I think all sewing machines are good. The person repairing it makes the difference," laughs Valda as she points to her husband, Rob, who knows almost as much about sewing machines as she does. 

THIS PAGE, CLOCKWISE FROM TOP LEFT: ● This post-1900 Singer industrial machine was used to sew sails at the Durban harbour. ● Valda received this sewing machine for Christmas in 1940. ● Dating back to the late 1950s, this Modiste child's machine was battery operated. As it has no bobbin, it only produces chain stitch. ● Electric Pfaff 230 dating from the early 1950s.

SOURCES Baynesfield Estate, situated between Pietermaritzburg and Richmond, is home to various collections including a hobby museum, a kitchen museum, a tractor museum, a gardening museum and a dairy museum. It's still a working farm. For more information on open days, call 033 251 0001, or e-mail the curator at jbe@mwebbiz.co.za **Cannon's Auctioneers and Antiques** 033 343 3364 **Valda North** 083 655 0958 or robnorth@futurenet.co.za

Treasure chest

What are your collectables worth?

FIND OF THE MONTH

I bought this miniature oil of Lady Hamilton on parchment at the SPCA shop in Kempton Park. It's backed with copper and sealed with silk. Can you tell me if it's worth anything?

Irene Zastera

"Just as we keep images of our loved ones on our phones, travellers in the 16th and 17th centuries carried miniature portraits as items of jewellery on their person," says Inge Beck of Ashbey's Galleries. Mid-19th-century French, these miniature portraits were first painted on stretched hides and later on ivory. Finely painted watercolour examples on ivory with good provenance fetch very high prices. Later miniatures were larger and framed in ivory or wood for hanging on walls rather than for carrying about. On auction you are looking at R2 500 – R3 500."



EXPERT TIP "ONE OF THE MOST IMPORTANT NAMES TO LOOK OUT FOR ON BLACK FOREST CARVINGS IS THE HUGGLE FAMILY," SAYS JUSTINE FERRIGNO

About 30 years ago I came across this razor. Although it's quite worn, it's still in its box. I only paid about R20 for it. Can you shed some light on it so I can share it with my daughter?

Richard Safi



I received this box from my father. It has carvings on the top and sides and initials on the bottom. Can you tell me more about its origins?

Lawrence Milward-Bridges

Justine Ferrigno of Le Brocanteur says "Carved wooden boxes like yours and carved furniture were made by a group of carvers in the Swiss town of Brienz in the early 1800s. They also carved huge wooden bears, stags, dogs and eagles, which were symbols of wealth and affluence. Because of the number of tourists visiting the picturesque resorts in the area, such as Interlaken and Luzern, they became immensely popular."

"Black Forest carvings, as they came to be called, were sought after in America and exhibited in London, Chicago and Paris. This box with the initials M & S 1899 is worth about R1 000 – R2 000 depending on its size."



Bob Lansdowne, owner of Mr Cobbs The Barber, says "These safety razors were made from about 1903 until the early 1940s when a more modern item was produced, which was also a little safer than this model. They are very popular with collectors as they were made of solid brass, some from copper, and rare models, made of both. When highly polished, they look very beautiful as showpieces. It's nice to see the original box as that adds value, but this should be kept in the family for new generations to come. Unfortunately, as they were mass-produced, they are only worth between R500 – R700."

THANKS TO OUR SPECIALISTS

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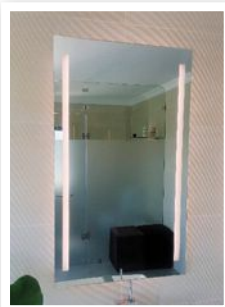
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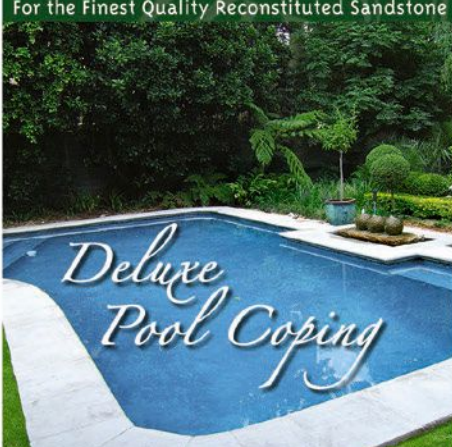
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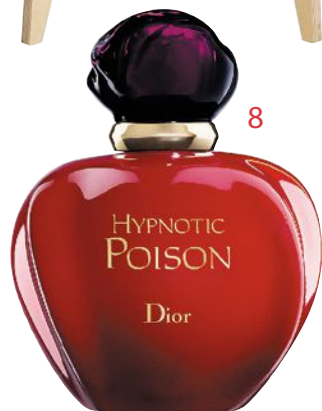
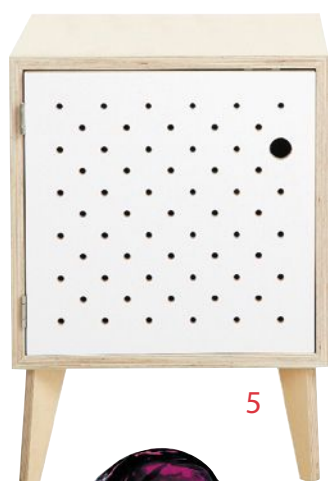
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CHEVAUNE MORRISON

The head of online shop Superbalist's new private label homeware brand, Sixth Floor, shares some of her favourite things

1 PAUL SENYOL'S ABSTRACT PIECES

I like this work *Treasure House* for the sense of freedom and playfulness.

2 HK PENDANT FROM SIXTH FLOOR

It's simple, elegant and looks beautiful in any room.

3 MAGDALENA VAN WYK'S ILLUSTRATIONS

They have delicate and considered line work as can be seen in this example *Maria Magdalena van Wyk no 56*.

4 MY GRANNY'S WEDDING BANDS AND ENGAGEMENT RING

They were made by hand 60 years ago, making them pretty special.

5 THE COSMO BIRCH PEDESTAL FROM SIXTH FLOOR

For its contemporary design and fun perforated door.

6 VANS I'm sneaker obsessed, but right now I'm in love with my Old Skools.

7 VEUVE CLICQUOT Champagne, French. Obviously.

8 CHRISTIAN DIOR'S HYPNOTIC POISON It's not overpowering and works for all seasons and occasions.

“From a young age, my space was important to me. I constantly changed my room, and think it got smaller with all the layers of paint on the walls,” says Chevaune Morrison, head of the Sixth Floor interior ware brand at Superbalist.


Interior design was a natural career choice, and following her studies, she honed her skills at a design studio in Durban, which involved working with fabric. “I found it incredibly exciting to start the creation process with pen and paper, then seeing the product come to

life. I knew I wanted to pursue product development as a career,” she says.

She moved to Cape Town in 2012 where she continued working as an interior designer and then accepted a position as a buyer in the kitchen and tabletop department for Citymob.

Since then, Citymob has become Superbalist and Chevaune is now in charge of a team of talented people who create the Sixth Floor range. “It's on-trend, affordable and designed for all young South Africans,” she says.

In her spare time, she enjoys embroidery

and needlepoint, goes to barre body classes, and jogs. “I'm also passionate about food, even better if I have cooked it myself and can share it with friends and family.” She's a hip-hop and R&B fan, and few know that she's a talented rapper. “Rapping is my party trick. People are usually shocked when they find that out,” she laughs. 

SOURCES Christian Dior dior.com

Magdalena van Wyk mariamagdalena.co.za

Paul Senyol senyol.blogspot.com

Sixth Floor superbalist.com

Vans vans.com

Veuve Clicquot veuvecliquot.com

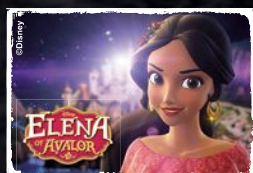
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